

# Youth are invited to: 4-H Cabin Fever Day February 16, 2010

## The Basics:

Time: 9:00 a.m. – 12:30 p.m.

Location: CCE Education Center

Enrollment: 4-H youth, 5 & over (see ages below); teen leaders needed;

Registration: Limited to 30; Please sign up with **Sherron Brown** by **2/12** by calling **272-2292**, advanced registration is **required**.

**No charge**

## Schedule:

9:00 – 9:30	Registration
9:30 – 10:00	Workshop Session I: select one <ol style="list-style-type: none"><li>1. Pretty Pots (5 &amp; over)</li><li>2. Photography (must attend 2 sessions-8 &amp; over)</li><li>3. Nature Prints (5 &amp; over)</li></ol>
10:05 – 10:35	Workshop Session II: select one <ol style="list-style-type: none"><li>1. Snuggle Sacs – Natural Heating Bag (8 &amp; over)</li><li>2. Photography (8 &amp; over)</li><li>3. Plant Propagation (5 &amp; over)</li></ol>
10:45 – 11:15	Workshop Session III: select one <ol style="list-style-type: none"><li>1. Pizza Project (5 &amp; over)</li><li>2. Making corsages (5 &amp; over)</li></ol>
11:20 – 11:50	Workshop Session IV: select one <ol style="list-style-type: none"><li>1. Pizza Project (5 &amp; over)</li><li>2. Nature Prints (5 &amp; over)</li></ol>
Noon – 12:30	Pizza Lunch!

## Workshop Descriptions:

### Making More Plants

You choose how you wish to increase your personal inventory of house and garden plants. Learn techniques such as dividing, cutting or planting seeds to make new plants. You will take home at least three plants for indoor cultivation.

### **Nature Prints**

Use your creativity to make print designs utilizing leaves, sprigs and other items from the outdoors. You will print two items to take home.

### **Pizza Project**

Greeks invented the pizza more than 2000 years ago, Italians made it popular, and **YOU** can make it anyway you like! Join us for an exciting adventure into the world of pizza! Explore different types of crust, practice basic measuring techniques and kitchen safety practices, try out unusual toppings, and discover the effect of water temperature on yeast development – all while you create pizzas that everyone will enjoy for lunch. Take home recipes and the knowledge and skills to make even more outrageous pizzas for your family.

**Pretty Pots:** Remember to bring your creative talent to this workshop! Participants will plan and design a “pretty pot for your propagated plant” using acrylic paints, stickers, and clay pots.

**Snuggle Sacs:** Participants will learn basic sewing skills as they stitch a flannel sac and fill it with field corn. Popping the “snuggle sac” in the microwave oven for about 1 minute will create a natural, moist heating bag – perfect for snuggling with on cold winter days! Bring ¼ yard of your favorite flannel fabric, or pick from fabric provided.

**Take Your Best Shot:** Join professional photographer, Monroe Payne, and learn the basics of taking good pictures. Learn to identify basic camera parts and their purpose, practice different holding techniques to improve picture quality, learn about lighting and photo composition, and qualities used to evaluate photographs. Participants should bring their own digital camera.

### **Wearable Flowers**

Learn how to make corsages and boutonnieres. You will make a corsage suitable as a special occasion gift (mother’s day, anniversary, birthday, prom) and gain skills to continue developing floral design creations.