2015
Guide to Foods Produced in the Southern Tier & Finger Lakes

Dairy
Eggs, Poultry & Meat
Farm Markets & Roadside Stands
Pick-Your-Own Produce
CSA - Community Supported Agriculture
Honey & Maple
Specialty Foods
Tompkins Weekly
“Your Source for Local News and Events”
and
Ithaca Child

Helping parents decide what to do since 1990.
Both publications are available in print on area newsstands or read us live on the web at either www.tompkinsweekly.com or www.ithacachild.net
Call 607-327-1226 for more info. Locally Owned and Operated

Largest grower of perennials and herbs in Central New York
20 Display Gardens to View

Baker's Acres of Nova Lansing

Over 200 varieties of organically grown vegetables and herbs
Over 20 varieties of apples available for u-pick or pre-picked
Call at the end of August or beginning of September for what’s ready to pick.

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Open Daily, April - August
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Open Daily, September & October
Weekdays 8:00 - 5:00
Weekends, 9:00 - 5:00 April - October
November through March
by chance or appointment
Extended hours in May & June

Mail: 1104 Auburn Rd.,
Groton, NY 13073
(Rte. 34 in N. Lansing bet. Ithaca & Auburn)
Tel: 607-533-4653
e-mail: info@bakersacres.net
www.bakersacres.net

Shiitake Mushrooms
Grown on sustainably harvested sugar maple logs
Retail Wholesale
Harford, NY 818-720-3551
Shelley@HoneyAppleHill.com
Welcome to the 2015 Guide to Foods Produced in the Southern Tier & Finger Lakes. This publication will help you locate foods grown or produced in your community. Within these pages you’ll discover an amazing diversity of products from fruits and vegetables to meats and cheeses, from honey and maple syrup to salsa and popcorn. Visit a farm and pick it yourself or have it delivered to your doorstep, buy it at a farmers’ market or the neighborhood roadside stand - whatever suits you. When you purchase local foods you enjoy some of the freshest, best-tasting foods available. Buying directly from the producer also gives you the chance to meet and get to know them, and learn about their production methods. Plus, when you buy locally you support the local economy and keep land in agriculture. So what are you waiting for? Get out there and Taste the Difference!

- The South Central Agriculture Team for Cornell Cooperative Extension

The information in this guide is also available on the internet at http://ccetompkins.org. Published by the Cornell Cooperative Extension Agriculture Program in the following counties:

- Chemung 607-734-4433
- Cortland 607-753-5077
- Schuyler 607-535-7161
- Tioga 607-687-4020
- Tompkins 607-272-2292

Inclusion in this guide does not imply a recommendation or a guarantee by Cooperative Extension. Some farms are not included if sales are only through farmers’ markets. Omissions are not intended. To be included in future editions of this guide, call: 607-272-2292.

Compiled by: Avi Miner, Mika Gauger, Monika Roth, Debbie Teeter, Matt LeRoux, and Sandy Repp of CCE-Tompkins. Many thanks to Jim Graney of the Ithaca Child for his invaluable assistance and guidance in producing this publication.
Southern Cayuga County

Finger Lakes Dexter Creamery
Rose Marie Belforti
1853 Black Rock Road
King Ferry NY 13081
315-364-3581
info@kefircheese.com
www.kefircheese.com


Cortland County

Northland Sheep Dairy
Maryrose Livingston & Donn Hewes
3501 Hoxie Gorge-Freetown Rd
Marathon NY 13803
607-849-4442
tripletree@frontiernet.net
www.northlandsheepdairy.com

Products: Aged sheep’s milk cheeses available at selected specialty food shops.

S. Seneca County

Cayuga Lake Creamery
Jeff Kostick
8421 State Route 89
Interlaken NY 14847
607-532-9492
www.cayugalakecreamery.com

Products: Homemade ice cream, sorbet (regular and wine sorbets), soy ice cream, ice cream cakes, pies, waffle cones. Open year around, tours by appointment.
**Tompkins County**

**Black Pearl Creamery**
Lauren McKinsey
3227 Halseyville Road
Trumansburg, NY 14866
607-351-0489
blackpearlcreamery@gmail.com

**Products:** Sheep’s milk yogurt

**Jerry Dell Farm**
41 Fall Creek Road
Freeville NY 13068
607-844-3435, 607-351-8747
jerrymsherman1969@gmail.com

**Products:** A variety of farmstead cheeses. *Finger Lakes Cheese Trail member.*

**Purity Ice Cream**
Rt 13 and Cascadilla St
Ithaca, NY 14850
607-272-1545
www.purityicecream.com

**Products:** Ice cream, baked goods, coffee, hot cocoa, and more.

**Snofarm Creamery**
Snow Family
665 Buffalo Road
Brooktondale NY 14817
607-749-4032 (Phone/Fax)

**Products:** Family Farm produces gouda, feta, and provolone. Available at Brookton’s Market.

**S. Cayuga County**

**Deepwater Farm**
Phil Stauderman
3128 Blakely Rd.
Genoa NY 13071
315-246-0689

**Products:** Organic beef from grass fed cattle sold by the cut. Home grown broiler chickens and farm fresh eggs. Available year round.

**Finger Lakes Natural Beef**
Will and Allison Schonfeld
1913 Dixon Rd
King Ferry, NY 13081
315-246-9782
allisonschonfeld55@gmail.com
www.fingerlakesnaturalbeef.com

**Products:** Natural Angus Beef, available year round. Born & raised on farm without antibiotics or hormones; fed natural farm-grown feed. Processed at a local USDA inspected facility. Halves, quarters, family packs & individual cuts available year round.

**Todd Farms**
Craig & Kim Todd
12562 NYS Rt 90
Locke NY 13082
315-497-3079

**Products:** Goat meat, call for availability.

**Chemung County**

**Maple Valley Farm & Farm Market**
Giles Family
791 County Route 64
Elmira NY 14903
607-739-3215/ 607-562-8848

**Products:** Chicken, eggs, take out-frozen ready, USDA inspected quality certified Angus beef & pork, raised without antibiotics or growth enhancers. Halves, quarters & special packages available year round from producer. Individual cuts available during market season.

**Park Hill Poultry**
Barb Martin
Erin, NY 14838
607-280-2500
parkhillpoultry@gmail.com
parkhillpoultry.wordpress.com

**Products:** Pasture-raised heritage breed turkeys.

**Ruff Acres Farm**
Richard Usack
1065 Federal Road
Erin NY 14838
607-739-5404

**Products:** Poultry, eggs, USDA inspected beef, honey and produce. Available year round.

**Spring Flight Farm**
Jacquelyn Chotkowski
Elmira NY 14903
607-732-0448

**Products:** Dry-aged, USDA inspected, grass-fed Highland beef. No sub-therapeutic antibiotics or growth hormones. Individual cuts of beef, quarters & halves. Available at farm (call for directions & availability).

**Cortland County**

**Birdsall Beef**
Dennis & Heather Birdsall
143 Ripley Hill Road
Homer NY 13077
607-745-4854

**Products:** Hereford-Angus cattle born & raised on the farm without antibiotics or hormones; fed natural farm-grown feed. Processed at a local USDA inspected facility. Halves, quarters, family packs & individual cuts available year round.

**Bluefield Farms**
Elizabeth & James McGee
12265 Wright Road
Preble NY 13141
607-749-8674

**Products:** Market steers, feeder calves, hogs. Available year round from the farm.

**CNY Beef/Lone Birch Stables**
Joaonee Jones
5668 U.S. Rt 11
Homer, NY 13077
607-591-9728
sales@cnybeef.com
www.cnybeef.com

**Products:** A la carte beef cuts. Bulk quantities also available. Available year round at farm store.

**Lucky 13 All Natural Red Angus**
Erin Luchsinger Hull
6638 State Route 80
Tully NY 13159
315-696-6856
lucky13beef@yahoo.com
facebook.com/lucky13beef

**Products:** Beef naturally raised on pasture, hay and corn. Call for availability.

**Main Street Farms**
Allan Gandelman
116 N West Street
Homer NY 13077
607-749-0086
info@mainstreetfarms.com
www.mainstreetfarms.com

**Products:** Whole tilapia, fresh-frozen and grown in our environmentally friendly aquaponics facility
Northland Sheep Dairy
Maryrose Livingston & Donn Hewes
3501 Hoxie Gorge-Freetown Rd
Marathon NY 13803
607-849-4442
tripletree@frontiernet.net
www.northlandsheepdairy.com
Products: 100% grass-fed lamb and mutton; tanned sheepskins, wool products. Call for availability.

Springbriar Farm
Marie Vogt
4632 State Route 41
McGraw NY 13101
607-836-6255
www.springbriar.com

Schuyler County
Angus Glen Farm, LLC
Brett Chedzoy
3050 Station Rd.
Watkins Glen NY 14891
607-742-3657
bchedzoy@yahoo.com
Products: 100% grass-fed black angus beef.

Bear Farm
Mark & Carol Harth
4860 Satterly Hill Road
Burdet 14818
607-546-2341
bearfarm14818@hotmail.com
www.bearfarmyarns.com
Products: 100% grass-fed black angus beef.

Cayuta Sun Farm
Michael Burns
2962 Swamp Road
Catharine NY 14805
607-227-0316
cayutasunfarm@gmail.com
www.cayutasunfarm.com
Products: Silvopastured pork, Jumbo Cornish and heritage breed chickens. Also log-grown shiitakes.

Church Street Produce
Val & Jerry Caracci
4045 Church Street
Burdet NY 14818
607-546-2557
www.churchstreetproduce.com
Products: Free range, natural feed eggs. Open May-Oct, call for hours.

Ever Green Farm
Joe & Joely Zerbe
5942 Old Lake Road
Rock Stream NY 14878
607-243-3613
info@evergreenfarmonline.com
www.evergreenfarmonline.com

Giving Ground Farm
Joe and Betti Lambro
5911 Spring Brook Path
Trumansburg NY 14886
607-279-9888
givinggroundfarm@gmail.com
www.givinggroundfarm.org
Products: Pastured eggs, heritage breed grass-fed beef, pastured pork.

Roaming Root Farm
Jake Delisle
2909 South Swamp Road
Alpine NY 14805
607-592-3419
jakemdelisle@gmail.com
www.roaming-root.com
Products: Pastured pork: Fresh/ cured hams, sausage, pork chops, ribs, leaf lard.

Shannon Brook Farm
Shannon & Walter Ratcliff
2566 Jennings Road
Watkins Glen, NY 14891
607-731-1890
shannon@shannonbrookfarm.com
www.shannonbrookfarm.com
Products: Grass-fed heritage breed lamb and beef available as quarters, halves and in 10-lb sampler packs. “Barnyard sampler” includes lamb, beef & pasture-raised chicken. Handspinning fleece's (Wensleydale, Cotswold), roving and sheepskins. Maple syrup, fruit jams. All products available at the farm, and delivery in ithaca is possible.

Van Galder Family Farms
Kyle and Lauren Van Galder
5854 County Route 14
Alpine NY 14805
607-594-7007
vangalderfamilyfarms@gmail.com
www.vangalderfamilyfarms.com
Products: Grass-fed heritage breed lamb and beef available as quarters, halves and in 10-lb sampler packs. “Barnyard sampler” includes lamb, beef & pasture-raised chicken. Handspinning fleece’s (Wensleydale, Cotswold), roving and sheepskins. Maple syrup, fruit jams. All products available at the farm, and delivery in ithaca is possible.

Wolftree Farm
Margaret Meixner
4041 County Route 2
Burdett NY 14818
607-546-7968
iwolftreefarm@gmail.com
www.wolftreefarm.com
Products: Pasture-raised lamb, also available through Good Life Farm CSA.

Southern Seneca County
Autumn’s Harvest Farm
Timothy and Sarah Haws
5374 McDuffie Town Rd.
Romulus NY 14541
607-869-3879
autumnsharvest@gmail.com
www.autumnsharvestfarm.com
Products: Grass-fed heritage breed lamb and beef. Grass-fed beef. Pasture raised chickens, turkeys, & eggs. All products available direct from the farm including halves, quarters, and retail cuts. Also at the Trumansburg Market and Saturday Ithaca Farmers’ Market.
Daring Drake Farm
Shannon O’Connor
3046 County Road 138.
Ovid, NY 14521
607-532-4956
daringdrake@zoom-dsl.com
www.daringdrake.com
www.blackduckcidery.com
Products: Duck eggs from free range heritage breed ducks available at farm stand, Ithaca and Trumansburg Farmers’ Markets, and Greenstar. NOFA-NY Farmer’s Pledge.

High Point Farms, LLC
Tina & Bob MacCheyne
9448 State Route 96
Trumansburg NY 14886
www.highpointfarms.net
highpointfarmsburg@msn.com
Products: Grass-fed Beef, Free Range Chicken, Pasture Pork, Free Range Eggs. Sales by the pound at the farm, see website for details.

Meadowsweet Dairy, LLC
Barbara & Steve Smith
2054 Smith Road
Lodi NY 14860
607-582-6954
dairy@meadowsweetfarm.com
www.meadowsweetfarm.com
Products: Grass-fed beef, pork, eggs. All products have no antibiotics, hormones, or chemicals. Available from producer.

Sabol’s Farm
Richard Sabol
7999 Route 414
Ovid NY 14521
607-229-8333
ssabol@rochester.rr.com
Products: Beef, pork, lamb, goat, & poultry. Animals are fed naturally grown hay, grain & grass. No animal by products or hormones used. No irradiation, no nitrates. Extra lean, processed locally, USDA inspected. Available at Ithaca Farmers’ Market.

Gardens of Grace at King Farm
John and Grace King
3875 Day Hollow Rd
Owego NY 13827
607-754-5059
jking9@stny.rr.com
Products: Chickens, turkey, eggs, seasonal vegetables. Call for availability.

Hope Hill Acres
Lisa Michaud
358 Ford Hill Rd.
Berkshire, NY 13736
657-2528
hopehillacres@frontier.com
Products: Eggs, pastured poultry, baked goods.

Kingbird Farm
Michael and Karma Glos
9398 West Creek Road
Berkshire NY 13736
607-657-2860
karma@kingbirdfarm.com
www.kingbirdfarm.com
Products: Certified organic pork, duck, chicken, eggs; Grassfed beef. Tamworth piglets & breeding stock. Also offer a variety of herbs. Available at Ithaca Farmers’ Market, GreenStar (eggs). Self serve eggs & meat at farm (pre-orders available).

Marz Farm
Tony Marzolino
3624 Wilson Creek Road
Berkshire NY 13736
607-657-8534 or 315-378-5180
tmarzolino@yahoo.com
www.marzfarm.com
Products: Pasture based beef and pork, free range eggs, organic hay and forages, kale, collards, chard

Our Five Acre Homestead
Bert and Michelle Kline
Gage Road
Newark Valley, NY 13827
607-761-4457
michelleynkline@gmail.com
Products: Registered Boer goat breeding stock, goat meat, pastured poultry, free range eggs, goat milk soap and lotion available at Waverly Farmers Market or call for availability

Twin Brook Farm
Marvin Moyer
304 Lainhart Rd.
Owego, NY 13827
607-687-4053
www.twinbrookfarmowego.com
Products: Grass-fed beef and pastured pork, free range chickens, nitrate-free ham and bacon

Tioga County
Engelbert Farms, LLC
Kevin, Lisa Engelbert & Family
182 Sunnyside Road
Nichols NY 13812
607-699-3775
kengelbert@stny.rr.com
Products: Certified organic, pasture-raised dairy, beef, veal, milk-fed pork. Individual cuts, including hickory smoked, no nitrate bacon & ham, and cheese available year around at our farm store.

Forget-Me-Not Farm/Small Graces
Jennifer Whitmore
56 Lathrup Road
Candor, NY 13743
607-659-5630
jenniferwhitmore0@gmail.com
Products: Grassfed lamb, home-spun yarn. Available at Ithaca and Candor Farmers’ Markets.

Gardens of Grace at King Farm
John and Grace King
3875 Day Hollow Rd
Owego NY 13827
607-754-5059
jking9@stny.rr.com
Products: Grass-fed, corn-finished Angus freezer beef sold quarter or half. Pork sold whole or half, lamb, chicken eggs. All meat custom cut and USDA inspected.

Heritage Pastures
Laura & Ben Hobbs
2343 Stanton Hill Rd.
Nichols, NY 13812
laura@stantonhillstudios.com
607-759-7665
Products: Pasture raised poultry, (chicken and duck), chicken and duck eggs, grass-fed beef

Horstmann Hills Farm
Laura and Rob Horstmann
Brewer Road
Candor, NY 13743
607-659-3494
Products: Grass-fed, corn-finished Angus freezer beef sold quarter or half. Pork sold whole or half, lamb, chicken eggs. All meat custom cut and USDA inspected.

Meadowsweet Dairy, LLC
Barbara & Steve Smith
2054 Smith Road
Lodi NY 14860
607-582-6954
dairy@meadowsweetfarm.com
www.meadowsweetfarm.com
Products: Grass-fed beef, pork, eggs. All products have no antibiotics, hormones, or chemicals. Available from producer.

High Point Farms, LLC
Tina & Bob MacCheyne
9448 State Route 96
Trumansburg NY 14886
www.highpointfarms.net
highpointfarmsburg@msn.com
Products: Grass-fed Beef, Free Range Chicken, Pasture Pork, Free Range Eggs. Sales by the pound at the farm, see website for details.

Sabol’s Farm
Richard Sabol
7999 Route 414
Ovid NY 14521
607-229-8333
ssabol@rochester.rr.com
Products: Beef, pork, lamb, goat, & poultry. Animals are fed naturally grown hay, grain & grass. No animal by products or hormones used. No irradiation, no nitrates. Extra lean, processed locally, USDA inspected. Available at Ithaca Farmers’ Market.

Gardens of Grace at King Farm
John and Grace King
3875 Day Hollow Rd
Owego NY 13827
607-754-5059
jking9@stny.rr.com
Products: Chickens, turkey, eggs, seasonal vegetables. Call for availability.

Hope Hill Acres
Lisa Michaud
358 Ford Hill Rd.
Berkshire, NY 13736
657-2528
hopehillacres@frontier.com
Products: Eggs, pastured poultry, baked goods.
The Buy Local Program

evolved out of expressed community interest to sustain local agriculture and build a stronger local food system. Our goals are to foster the environmental, economic, and social vitality of our community by increasing the connections between consumers and farmers. Through outreach, marketing, and special initiatives, we seek to raise individual and institutional awareness of the benefits of buying fresh locally grown and made products, to make local food an integral part of daily life.

Our Vision for the Future

Through open community meetings, we have outlined a variety of projects that will build our local food system:

• Increasing retail demand for local food
• Increasing farm to restaurant connections
• Establishing connections between farms and schools, colleges, and hospitals
• Supporting food production education
• Developing culinary and agricultural tourism
• Fostering farmer collaboration
• Developing cooperative food ventures
• Reaching people with limited access to fresh food

To volunteer for BUY LOCAL events, for more information, or to make a financial contribution, contact Cornell Cooperative Extension of Tompkins County at 607.272.2292.

Reasons to Buy Local

Taste and freshness - Locally grown food is fresh, and fresh food tastes best! Most produce in the United States is harvested 4 to 7 days before it reaches supermarket shelves. Local farmers grow food that is bred for taste and freshness, not for shipping and a long shelf life.

Grow Our Local Economy

Buying locally produced food keeps money circulating in our communities. For example, if everyone in Tompkins County spent 10% of their grocery and dining dollars on local foods, it would generate over $29 million in economic value for our region!

Protect our environment

Most food in the United States travels an average of 1500 miles before it reaches our table. Buying local reduces carbon dioxide emissions. Small family farms typically take a less intensive approach to producing food and use fewer synthetic pesticides, herbicides and fertilizers.
Community Supported Agriculture

is a cooperative relationship between a farmer and consumers; consumers commit to buying a crop “share” and growers commit to growing fresh, quality produce during the growing season.

CSA Benefits Consumers

by providing fresh, quality produce during the growing season, the opportunity to connect with the farm, and a sense of community from cooperative work, shared responsibility, and keeping food dollars in the local economy.

CSA Benefits Farmers

by providing funds to make pre-season purchases and a known market in advance of the growing season, farmers can plan more accurately and concentrate on farming.

CSA Benefits the Earth

by supporting farmers that employ sustainable agricultural practices and minimizing waste by avoiding overproduction and reducing packaging and transportation.

To Participate in CSA

use this guide to find CSA programs that best suit your needs, then visit the farms and talk with the farmers. Most CSA farms recruit members in the spring before the season begins.

Find area CSA Farms on page 22
Meats, Poultry & Eggs, cont.

Wild Rose Farm
Stephanie & Scott MacDonald
457 Guiles Road
Owego NY 13827
607-687-7143
wildrosefarm@stny.rr.com
wildrosefarm.weebly.com
Products: Fresh, certified organic, pasture raised chickens, lambs, and Thanksgiving turkeys (raised to order). Also sell brown eggs from free-range hens. Call/email for newsletter and order form. Products sold at Otisino Park Farmers’ Market. All products are certified organic by NOFA-NY.

Tompkins County

Crooked Creek Farm
Amy Glaser
288 Harford Road
Brooktondale NY 14817
607-351-8691
brooktondaleamy@gmail.com
Products: Whole or half lambs

Darling Family Farm
Nick Darling
50 Durfee Road
Groton NY 13073
607-279-4392
darlingfarm@gmail.com
Products: Grass-fed beef

Deer Run Farms
David Tregaskis
4797 Hilliard Road
Groton NY 13073
607-898-3821
deerunfarms.com
deerunfarmsangus@gmail.com
Products: USDA inspected Angus beef, by the quarter or half, vacuum plastic wrapped. Available year round. Call for brochure, 100% guaranteed.

Earthwalk Farm
Suzanne McMannis
246 Bone Plain Road
Freeville NY 13068
607-347-4633
earthwalkfarm@gmail.com
Products: Grass fed lamb and sheep. NOFA-NY Farmer’s Pledge.

Ellis Hollow Farm
Nancy Munkenbeck
832 Ringwood Road
Ithaca NY 14850
607-539-7902 or 351-0113
nwm1@cornell.edu
Products: Lamb, sheepskins, wool, alpaca fiber, honey, honeybees, and beeswax available at farm, call for availability and to order

Glenwood Farms
Evan and Alex Reynolds
1084 Glenwood Heights Road
Ithaca NY 14850
607-272-7809
greyhounds@glenwoodfarms.com
glenwoodfarms.com
Products: Frozen cuts of bison meat for sale at Ithaca Farmers’ Market, tours by apt

Hog-Wild
53 McGrath Rd.
Berkshire, NY 13736
hogwildfarmithaca@gmail.com
Products: Organic grain and milk-fed, pasture-raised heritage breed pork. Also sell eggs and seasonal produce.

Hum Hollow Farm
Sharon Garland
260 Speed Hill Road
Brooktondale NY 14817
607-539-7896
Products: Lamb, butchered by 1/2 or whole. Raw wool and tanned sheep hides.

Jerry Dell Farm
41 Fall Creek Road
Freeville NY 13068
607-844-3435, 607-351-8747
jerrydellfarm.com
jeremysherman1969@gmail.com
Products: Organic beef

Just a Few Acres Farm
Peter and Hilarien Larson
604 Van Ostrand Road
Groton, NY 13073
607-533-4037
peterlarson3@gmail.com
www.justafewacres.com
Products: Chicken, eggs, turkeys, pork, smoked pork.

Laue Farm
Dale Laue
72 Enfield Main Road
Ithaca NY 14850
607-273-2010

Larry and Denise Moore
510 Conlon Road
Lansing NY 14882
607-533-4229
larryanddenisemoore@gmail.com
Products: Ground beef, eggs, maple syrup, certified organic garlic.
Availability: On farm

The Piggery
Heather Sanford & Brad Marshall
423 Franklin St. - Across Rt.13 from Ithaca Farmers’ Market
Ithaca, NY 14850
607-272-2276
www.thepiggery.net
Products: Heritage pastured pork, fresh as well as handcrafted charcuterie, and deli.

Pork Chop Valley Farm
Jim & Mary Linton
19 Shudaben Road
Ithaca, NY 14850
607-277-3998
Products: Naturally raised pork, sold by the cut direct from the farm. USDA inspected. Call for availability.

Rainbow Valley Ranch
Edward Fedorka
931 Lansingville Road
Lansing NY 14882
607-533-4645
Products: Natural beef, available year around from farm & at Ithaca Farmers’ Market.

Moy through October
On the Village Green
Saturdays 9 - 1
Wednesdays 4:30 - 7
We participate in the FMNP and accept EBT
Rocky Top Farm
Mary K. Gloster & Colleen Gloster-Gray
913 Lick Street
Groton, NY 13073
607-227-5606
glosterg@yahoo.com
www.rockytopfarm.com
Products: 1/2 or whole pasture-raised lamb in the summer/fall, USDA frozen cuts avail year-round. Clun Forest breeding stock, fleeces, wool roving, and yarn. Delivery or on-farm pickup by appointment.

Scheffler Farm
Ed & Eileen Scheffler
643 Cobb St.
Groton NY 13073
607-898-5137
ethanandme22@yahoo.com
www.chefflersfarm.com
Products: Certified organic beef. Available at the farm store daily.

Shelterbelt Farm
Erica Frey
200 Creamery Road
Brooktondale NY 14817
info@shelterbeltfarm.com
www.shelterbeltfarm.com
Products: 100% Grass-fed lamb, pasture-raised pork and turkeys, raw honey, ginger, and winter greens. Pork and lambs are by the half and whole, reserve turkeys for Thanksgiving.

Sinn Family Farm
Steven Sinn
357 Enfield Main Road
Ithaca NY, 14850
607-793-4442
ethanandme22@yahoo.com
Products: Antibiotic-free pork, whole/haives.

Spot Hollow Farm
Marie Roenke
2586 Agard Road
Trumansburg NY 14886
607-387-5494
spotted_sheep@bluefrog.com
freewebs.com/spothollowfarm
Products: Grass-fed/ natural lamb, goat, and beef. Also available raw- skirted or washed fleece, several colors of roving, spotted pelts, horns and breeding stock (Jacob sheep and Alpine dairy goats). Call for availability and to order.

A.J. Teeter Farm
Debbie & Alan Teeter
71 Gray Road
Ithaca NY 14850
607-277-4547
ajeeterfarm.com
ajeeterfarm@msn.com
Season: Primarily Fall
Products: Pastured Hereford beef, by the half and split quarter.

Sheils Farm
1 mi north of King Ferry
1462 Sheils Road
King Ferry NY 13081
315-364-7600
Season: Jul-Oct: Daily, 7-7
Grow: Sweet corn, tomatoes, summer vegetables, pumpkins, winter squash, fall ornamentals.

Vann Noble Farm
Devon Van Noble
484 Enfield Center Road E.
Ithaca NY 14850
727-410-4073
devonvannoble@gmail.com
facebook.com/vannoblefarm
Products: Heritage breed Mule Foot hogs raised on pasture and non-gmo grains, producing high quality meat with even marbling. Freezer and roaster hogs available, retail cuts by Fall 2015.

Shelley Farm
Dennis Shelley
828 Enfield Center Road E.
Ithaca NY 14850
607-213-5820
shelleyfarm@bluefrog.com
Products: hardy Perennials, seasonal vegetables, melons.
Season: Apr-Oct: Daily, 7-7
Grow: Organic, produce, pets, honey, maple syrup.

Stoney Creek Nursery
Cindy & Dan Thayer
883 Rt. 34
Genoa NY 13071
315-497-9048
stoneycreeknursery@gmail.com
Products: perennials, specialty annuals, cut flowers, seasonal produce, melons, Christmas wreaths available at farm stand or Ithaca Farmers Market

Strawberry Hill Farm
Nancy and John Shaw
791 State Rt 34B
King Ferry, NY 13081
315-364-7834
heritageharvesters@live.com
Season: Late June through Oct.
Grow: Seasonal produce including sweet corn, squash, cucumbers, gourds, and pumpkins.

Teefer Farms
A.J. Teeter Farm
Debbie & Alan Teeter
71 Gray Road
Ithaca NY 14850
607-277-4547
ajeeterfarm.com
ajeeterfarm@msn.com
Season: Primarily Fall
Products: Pastured Hereford beef, by the half and split quarter.

Teeter Farms
A.J. Teeter Farm
Debbie & Alan Teeter
71 Gray Road
Ithaca NY 14850
607-277-4547
ajeeterfarm.com
ajeeterfarm@msn.com
Season: Primarily Fall
Products: Pastured Hereford beef, by the half and split quarter.

Southern Cayuga County

Grisamore Farms
N of Ithaca off Rt 34, Goose Street Road
749 Cowan Road
Locke NY 13092
315-497-1347
info@grisamorefarms.com
www.GrisamoreFarms.com
Grow: Strawberries, blueberries, blackberries, sweet & sour cherries, raspberries, apples, peaches, peppers, tomatoes, pumpkins, squash, flowers, greenhouse/urnery plants.
Also sell: Local products: cider, spun wool, honey, maple syrup, preserves, milled flour, baking mixes.

Heritage Harvester

Heritage Harvester

Chemung County

Birney's
off Rts 220 or 17C
5914 River Road
Waverly NY 14892
607-565-9365
smithomefarms@stny.rr.com
Season: Jun-Dec: M,T,T,F,Sa 10-5:30, closed Wed, Su 12-5:30
Grow: Seasonal vegetables, pumpkins, chickens, eggs, natural beef & pork.
Also sell: Wreaths, plants, pies, maple products, honey, salad dressing, jams, jellies, sauces, bread, local cheese and an assortment of other natural products.

Smithome Farms
Mike Smith
2844 Rt. 352
Elmira NY 14903
607-562-3878
smithomefarms@stny.rr.com
smithomefarms.com
Season: Late July-Sept
Products: Seasonal produce, sweet corn, pumpkins.
Of Special Interest: Fall corn maze
**Farm Markets & Roadside Stands, cont.**

### Cortland County

#### Anderson’s Farm Market
3 mi N of Homer
5887 Route 281
Little York NY 13087
607-749-5551
baveggssept@yahoo.com
**Season:** May-Dec 25: Daily 8-6 (call for seasonal hrs)
**Grow:** Corn, cabbage, pumpkins, and squash.
**Also sell:** Full line of produce, herbs, flowers, greenhouse/nursery plants, cheese, dairy products, eggs, honey, maple syrup and in-store bakery.

#### Badman’s Bushel Basket
14698 Route 90
Cortland NY 13045
607-749-5233
**Season:** May-Oct: Daily 9-7
**Grow:** Seasonal vegetables, strawberries, tomatoes, blueberries, peaches, grape juice, meats.
**Produce:** Maple syrup, baked goods. **Also sell:** Seasonal vegetables, NY cheese, antiques, gifts, ice cream.

**Of special interest:** Pumpkin Fest, fall maze, wagon rides, BBQ, pumpkin storybook characters.

#### Dave’s Veggies and Greenhouses
1 mi N of Rt 281 from Rte 4
Route 41
5178 Homer NY 13077
607-749-4956/ 607 543-0226
vegman@twcny.rr.com
**Season:** May-Oct: Daily 10-7
**Grow:** Seasonal vegetables, strawberries, honeyberries, herbs, bedding plants, hanging baskets, perennial plants and u-pick blueberries.

**Also sell:** Antiques.

#### Diescher’s Farm Side Stand
2 locations: Rte. 11 across from ITS / Groton Ave
Cortland NY 13045
607-753-1950
**Season:** Mid Jul-Sept: Daily 10-6
**Grow:** Sweet corn, retail & wholesale.

**Also sell:** Maple syrup, seasonal vegetables, tomatoes, blueberries, peaches, melons, apples.

#### Gladtime Farm Market
9 mi N of Homer, Route 281
Tully NY 13159
315-696-5817
**Season:** May-Jun: Daily 12-5
Jul-Oct, M-Sa 9-7, Su 10-6
late Sept-Oct: 10-6
**Grow:** Sweet corn, beans, peas, cucumbers, tomatoes, potatoes, peppers, squash (summer & winter), gourds, pumpkins.
**Also sell:** Fruit, dried flowers, pies, maple syrup, honey, eggs, cheese, hanging baskets & bedding plants.

**Of special interest:** Corn maze, U-pick pumpkins, U-pick strawberries. Also sell at Homer Farmers’ Mkt.

### Schuyler County

#### Hollenbeck’s Cider Mill
6 mi from Dryden in Virgil
1265 Route 392
Virgil NY 13045
607-835-6455
**Season:** Sep-Dec: Daily 9-8; Jan-Feb: W-Su 9-6
**Produce:** Cider, honey, maple syrup, jellies, jams, preserves, homemade pies and doughnuts.

**Also sell:** Apples, grape juice, maple products, honey, jams, jellies, preserves, pumpkins, doughnuts and baked goods.

#### Jon-Lin Farm
1.5 mi S of Virgil
1791 Owego Hill Road
Cortland NY 13045
607-835-6718
**Season:** Call for availability
**Grow:** Seasonal vegetables, pumpkins, fall ornamentals.

#### Off Your Gourd
544 W State Rd
Cortland NY 13045
607-423-9105 or-0433
**Season:** Mid Sep-end Oct
**Grow:** Pumpkins, gourds, squash, garlic, potted plants.

#### Reake’s Country Goods
1 mi NE of Trumansburg 15 min from i-81, exit 11 or 14
4016 Route 13
Trumansburg NY 13158
607-842-6322
**Season:** July-Dec: 10-6 thru Labor Day, seasonal thereafter.
**Grow:** Sweet corn, squash, pumpkins.

**Produce:** Maple syrup, baked goods. **Also sell:** Seasonal vegetables, NY cheese, antiques, gifts, ice cream.

**Of special interest:** Pumpkin Fest, fall maze, wagon rides, BBQ, pumpkin storybook characters.

#### Rasta Ranch Vineyards & Nursery
11 mi N of Watkins Glen
5882 State Route 414
Hector NY 14841
607-546-2974
rastaranchvineyards@gmail.com
**Season:** Apr 1-Oct 31: Daily 11-5
Nov 1-Mar 31: Fri-Su 11-5 or by appt.
**Grow:** Grapes
**Produce:** Wine

**Also sell:** Preserves, specialty foods.

#### Reisinger’s Apple Country
3 mi W of Watkins Glen, take Rt 409 & follow signs
2750 Apple Lane
Watkins Glen NY 14891
607-535-7493
reisingersapplecountry.com
**Season:** July-Nov: call for availability
**Grow:** 18 varieties of apples, peaches, berries, pears, plums, flowers

**Produce:** Cider, jams/jellies, apple butter, and home made baked goods.

#### Rolling Hills Produce
4756 State Route 79
Burdett, NY 14818
607-546-2259
donahueelberta@gmail.com
www.rollinghillsproduce.com
**Season:** May - end of October
M-F 10-6; Sa-9-5; Su 10-4

**Sell:** A variety of seasonal local fruits and vegetable; annuals, perennials, homemade pies and other baked goods. Other local items include honey, maple syrup, cheese, coffee, grape juice, meats, Cayuga Creamery ice cream, crafts, and more!
Silver Queen Farm
5286 Stillwell Road
Trumansburg NY 14886
607-387-6502
silverqueenfarm@gmail.com
**Season:** Jun-Sep: Daily 8-dark
**Grow:** Mixed vegetables, asparagus, sweet corn, raspberries, peaches, strawberries, apples, and melons.

Straight-Way Farm
Marcia & Dennis Bauchle
3411 County Road 8
Montour Falls NY 14865
607-227-4238
straightwayfarm1@aol.com
**Products:** Organically grown produce. Available at the farm, Ithaca Farmers' Market and Watkins Glen Farmers' Market.

Wiccaway Farm
Susan Neal
1312 Demunn Road
Beaver Dams NY 14812
607-279-0403
wiccawayfarm@aol.com
www.facebook.com/wiccawayfarm
**Season:** Jul-Sept, by appointment only.
**Grow:** Seasonal produce.
**Also sell:** Jams, jellies, and baked goods by special order.

Wickham Tango Oaks Farm
5557 State Route 414
Hector NY 14841
607-546-5511 (crop report)/ 607-546-4041 (office)
**Season:** Jun-Oct
**Grow:** Sweet Cherries and Sour Cherries (Late Jun - Early July), Peaches (mid Jul-early Sept), Apples (Sept-Oct), Concord Grapes (mid Sept)

Southern Seneca County

Daring Drake Farm & Blackduck Cidery
Shannon O'Connor
3046 County Rte 138
Ovid, NY 14521
607-532-4956
daringdrake@zoom-dsl.com
www.daringdrake.com
www.blackduckcidery.com
**Season:** Mid-June through Oct.
**Grow:** Hungarian tart cherries, red & black raspberries, gooseberries, currants, apples, plums, pears, and duck eggs available at farm stand, Ithaca & Trumansburg Farmers' Markets. Call for availability. The farm is a NOFA-NY Farmer's Pledge Farm.

Tioga County

Cross Creek Farm
769 Ford Hill Rd
Berkshire NY 13736
607-657-8251
www.crosscreekfarmfamily.com
**Season:** year round, call for availability. Farm Stand open 9-5 Sun - Fri. Products also at Ithaca FM, Newark Valley FM, and Otsiningo FM
**Products:** fruit butters, herbal products, vegetables, herbs
Our Green Acres
3965 Waverly Road
Owego NY 13827
607-687-2874
frankwiles@aol.com
Season: June-Oct: Daily 9-6
Grow: Seasonal vegetables and berries, strawberries, tomatoes, cucumbers and lettuce.
U Pick: Strawberries, peas, blueberries, raspberries, beans, peppers, tomatoes and potatoes.
Also sell: NY tree fruit, grapes, and gourmet sweet corn.

Purdy's Produce
John and Pat Purdy
459 Gage Road
Owego, NY 13827
607-205-7619, 607-642-8439
info@ironkettlefarm.com
Season: May-Oct: Daily 9-6
Grow: Seasonal vegetables, pumpkins, gourds, Indian corn, popcorn, bedding plants, hanging baskets, perennials.
Upick: Beans and peas.
Of special interest: Large-scale corn maze.

Stoughton Farm
Route 38 North
Newark Valley NY 13811
607-642-3675
info@stoughtonfarm.com
Grow: Seasonal vegetables, pumpkins, gourds, Indian corn, popcorn, bedding plants, hanging baskets, perennials.
U Pick: Beans and peas.
Of special interest: Farm markets & roadside stands.

Brownie's Produce
5 mi E of Owego
6425 State Rte 17C
Endicott, NY 13760
607-205-7619, 607-642-8439
info@ironkettlefarm.com
Season: May-Oct: Daily 9-6
Grow: Seasonal vegetables and berries, strawberries, tomatoes, cucumbers and lettuce.
U Pick: Strawberries, peas, blueberries, raspberries, beans, peppers, tomatoes and potatoes.
Also sell: NY tree fruit, grapes, and gourmet sweet corn.

Wild Rose Farm
Stephanie & Scott MacDonald
457 Gulles Road
Owego NY 13827
607-687-7143
wildrosefarm@stny.rr.com
wildrosefarm.weebly.com
Season: NOFA-NY certified organic vegetables.

Stoughton Farm
Route 38 North
Newark Valley NY 13811
607-642-3675
info@stoughtonfarm.com
Grow: Herbs, pumpkins, apples & greenhouse/nursery plants.

The Bigsby Market
1418 Dryden Road
Freeville NY 13068
607-347-4386
thebigsbymarket@gmail.com
Season: Late Apr-Dec: Daily 9-7, Fall: call ahead for availability
Grow: Organic garlic, basil, tomatoes, shallots, greens, brussel sprouts, potatoes, winter squash
Also sell: Full line of seasonal vegetables, fruit, berries, melons, peaches, apples, pears, grapes, nursery stock, especially fruit bearing plants, herbs perennials, vegetable/bedding plants, maple products, honey, local cheeses, baked goods.

Dedrick's Fruit Stand
Route 13
709 Dryden Road (Route 366)
Dryden, NY 13053
607-257-0520
www.hort.cornell.edu/department/efacilities/orchards/sales
Season: Labor Day-Nov: Tu-Su, 8-5
Grow: Apples, pears, peaches, plums, kiwiberries, paw-paws, blueberries, blackberries, strawberries.
Product: Cider
Also sell: Honey, maple syrup, maple products, specialty foods, gift items, pumpkins, some seasonal produce
Of special interest: Group tours
(please schedule in advance).

Early Bird Farm
Route 13 (South of Ithaca)
806 Elmira Road
Ithaca, NY 14850
607-272-1056
Season: Mid Apr-Jun: Daily 8-7, Jul-Sep: Daily 10-7
Grow: Sweet corn, tomatoes, other seasonal vegetables, herbs, vegetables & bedding plants, annuals, perennials, gladiolus, hanging baskets, potted plants.

Eddydale Farm Market
Route 13 (South of Ithaca)
827 Elmira Road
Ithaca, NY 14850
607-277-3617
Season: Year around: Daily 8-6
Grow: Seasonal vegetables
Also sell: Vegetables, fruit, bedding plants, shrubs, honey, maple syrup, maple products, milk.

Iron Kettle Farm
between Owego & Candor
707 Owego Road (Route 96)
Candor NY 13743
607-659-7707
information@ironkettlefarm.com
www.ironkettlefarm.com
Season: May-Oct: Daily 9-6
Grow: Seasonal vegetables, corn, potatoes, winter squash
Also sell: Homemde fudge, baked goods, NYS apples.
Of special interest: Grandma’s Barn Gift Shop, baby farm animals, spooktacular pumpkin display, fall activities, tours.

Jackson's Pumpkin Farm
5 mi E of Owego
6425 State Rte 17C
Endicott, NY 13760
607-754-8439
wildrosefarm@stny.rr.com
Season: May - October
Grow: Produce:
Also sell:
Of special interest:

Brownie's Produce
21 Victory Hill Rd.
Victory Hill Farms
709 Dryden Road (Route 366)
Dryden, NY 13053
607-257-0520
www.hort.cornell.edu/department/efacilities/orchards/sales
Season: Labor Day-Nov: Tu-Su, 8-5
Grow: Apples, pears, peaches, plums, kiwiberries, paw-paws, blueberries, blackberries, strawberries.
Product: Cider
Also sell: Honey, maple syrup, maple products, specialty foods, gift items, pumpkins, some seasonal produce
Of special interest: Group tours
(please schedule in advance).

Brownie's Produce
21 Victory Hill Rd.
Richford, NY 13835
607-657-8644
Season: Jun-Oct.
Grow: Broccoli, cabbage, tomatoes, peppers, carrots, lettuce, parsnips, rutabagas, turnips, squash, cucumbers, sweet corn, potatoes, peas, beans, radishes, beets, swiss chard, spinach, kale, green onions, herbs, and sprouts.
U Pick: Any time except Thursdays.
Also sell at Owego Farmers' Markets.

Bakers' Acres of North Lansing
 Rt 34, between Ithaca & Auburn
 1104 Auburn Road
 Groton NY 13073
 607-533-4653
 info@bakersacres.net
 www.bakersacres.net
 Season: Apr 4-Oct 31: M-F 8-5, Weekends 9-5
 Grow: Herbs, pumpkins, apples & greenhouse/nursery plants.

The Bigsby Market
1418 Dryden Road
Freeville NY 13068
607-347-4386
thebigsbymarket@gmail.com
Season: Late Apr-Dec: Daily 9-7, Fall: call ahead for availability
Grow: Organic garlic, basil, tomatoes, shallots, greens, brussel sprouts, potatoes, winter squash
Also sell: Full line of seasonal vegetables, fruit, berries, melons, peaches, apples, pears, grapes, nursery stock, especially fruit bearing plants, herbs perennials, vegetable/bedding plants, maple products, honey, local cheeses, baked goods.

Dedrick's Fruit Stand
Near TC3 entrance
Route 13
Dryden NY 13053
607-533-7023
Season: May-Oct: M-Sa 9-7
Grow: Seasonal produce
Also sell: Full line of produce & plants.

Early Bird Farm
Route 13 (South of Ithaca)
806 Elmira Road
Ithaca, NY 14850
607-272-1056
Season: Mid Apr-Jun: Daily 8-7, Jul-Sep: Daily 10-7
Grow: Sweet corn, tomatoes, other seasonal vegetables, herbs, vegetables & bedding plants, annuals, perennials, gladiolus, hanging baskets, potted plants.

Eddydale Farm Market
Route 13 (South of Ithaca)
827 Elmira Road
Ithaca, NY 14850
607-277-3617
Season: Year around: Daily 8-6
Grow: Seasonal vegetables
Also sell: Vegetables, fruit, bedding plants, shrubs, honey, maple syrup, maple products, milk.

Jackson's Pumpkin Farm
5 mi E of Owego
6425 State Rte 17C
Endicott, NY 13760
607-754-8439
wildrosefarm@stny.rr.com
Season: May - October
Grow: Produce:
Also sell:
Of special interest:

Brownie's Produce
21 Victory Hill Rd.
Richford, NY 13835
607-657-8644
Season: Jun-Oct.
Grow: Broccoli, cabbage, tomatoes, peppers, carrots, lettuce, parsnips, rutabagas, turnips, squash, cucumbers, sweet corn, potatoes, peas, beans, radishes, beets, swiss chard, spinach, kale, green onions, herbs, and sprouts.
U Pick: Any time except Thursdays.
Also sell at Owego Farmers' Markets.
Fall Creek Farm Market
Between Freeville & McLean
397 Fall Creek Rd
Freeville NY 13068
607-838-8203
Season: Spring & Summer: Daily 10-6
Fall: M-F 12-6, Sa & Su 10-6
Grow: Sweet corn, seasonal vegetables, pumpkins, bedding/potted plants, hanging baskets.
Also sell: Seasonal fruits/vegetables, cider, flowers, jams, jellies, canned goods.

Tim Gregrow
1183 Old 76 Road
Berkeley NY 13736
607-539-6655
Grow: Potatoes, call for availability; bulk quantities Aug-Fall.

Indian Creek Farm
1408 Trumansburg Road
Ithaca NY 14850
607-227-8248
indiancreekithaca.com
Season: June - Oct: Daily 8-6
Grow: Strawberries, Raspberries, Peaches, Pears, Apples, Tomatoes, Pumpkins, Eggplant, Peppers, Summer Squash, Winter Squash, Cucumbers, Brussels Sprouts, Fresh Herbs & Flowers.
Also sell: Seasonal fruits & vegetables

Ithaca Organics
41 Fall Creek Road
Freeville NY 13068
607-844-3455
ithacaorganics@gmail.com
ithacaorganics.com
Grow: Produce, Beef, CSA Pickup. Thursday 12-6, Friday-Sunday variable hours.

Littletree Orchards
345 Shaffer Road
Newfield NY 14867
607-564-9246, 607-592-8177
littletreepick@aol.com
http://littletree-orchards.com/
Season: Jul-Nov: Daily 10-6
Grow: Apples, peaches, sweet & tart cherries, Asian pears, raspberries, tomatoes, Brussels sprouts, eggplant, basil, flowers, pumpkins, gourds, herbs, apple cider.
Of special interest: U-pick orchard, apples & cider available year around, tours, apple cider donuts, apple butter, applesauce, apple cider vinegar.

Millbrook Farm
Cnr Peruville & Salt Rds
Freeville NY 13068
607-838-3509
Season: Jun-Oct: Daily, self serve
Grow: Cut flowers, sweet corn.

Second Wind Organic Farm
Richard and Gail Erail
1588 Taughannock Blvd (Rt 89)
Trumansburg NY 14886
607-387-3356
secondwindorganicfarm@gmail.com
secondwindorganicfarm.weebly.com
Season: Jun-Oct: Friday 1pm-6pm, Saturday 10am - 6pm
Grow: Greens & mixed vegetables

Chemung County
Brookestone Maple
Anni & Phil Ryan
95 Brink Road
Van Etten NY 14889
607-589-4913
brookestoneatfrontier.com
brookestone@frontier.com
Products: Maple syrup and other pure maple products. Available via self-serve stand from producer year round, seasonally at Caroline Farmers’ Market, and Family Farm Mercantile, Totally Water Gardens, and other local locations.

Mattison’s Sugar Creek Farm
Laura Lee
195 Sawday Road
Horseheads NY 14845
607-426-1024
land@stryr.rr.com
Products: Maple syrup. Available year-round by phone from producer.

Ruff Acres Farm
Richard Usack
1065 Federal Road
Eri NY 14838
607-739-5404
Products: Honey and produce as available and in season.

HoneyApple Hill
Shelley Stuart
742 O’Brien Hill Road
Richford NY 13835
607-844-3875
www.honeyapplehill.com
shelley@honeyapplehill.com
Products: Honey, mead-making kits, log-grown shitake mushrooms

John Pitman
90 Cortland Street
P.O. Box 43
Marathon NY 13803
607-849-3798
Products: Maple syrup & candy. Available year around from producer while supply lasts.

S & S Syrup
Steve and Sue Dellow
4288 Irish Hill Road
Marathon, NY 13803
607-849-6106
Products: Maple syrup, sugar and cream, available from producer while supplies last.

Schuyler County
Jerry Crainey
5820 State Route 13
Cayuta NY 14824
607-594-2164
Products: Maple syrup, all sizes and grades. Available year around from producer.

Straight-Way Farm
Marcia & Dennis Bauchle
3411 County Road 8
Montour Falls NY 14865
607-227-4238
straightwayfarm1@aol.com
Products: Maple syrup. Available at the farm, Ithaca Farmers’ Market and Watkins Glen Farmers’ Market.

Tug Hollow Farm
1.5 mi N of Rt 79
4180 Robertson Road
Burdett NY 14818
607-546-8235
Products: Pure maple syrup, light, medium & dark amber. Available while supply lasts.
Also sell: Christmas trees.
Tips for Shopping at Farmers’ Markets

Come Prepared
* Bring a shopping bag.
* Have cash (especially change and small bills) or checks. Most vendors will not accept credit cards.
* If you will be out for awhile, bring a cooler to keep produce in until it can be refrigerated.

Shopping
* Walk through the whole market before making purchases.
* Compare price, quality, and selection.
* Arrive early for best selection.
* If you plan on purchasing bulk produce for freezing or canning, come early or place an order in advance.
* Visit different markets for the widest selection.

Discover
* Talk to farmers to learn how and where the food was grown.
* Get preparation tips and recipes from the growers themselves.
* Sample different varieties of products.
* Try freshly prepared foods.

Have Fun!
* Enjoy the experience of shopping in a relaxed social setting.
* Meet friends and neighbors!
* Listen to musicians and local performers.

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**Farmers’ Markets of the Southern Tier**

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<thead>
<tr>
<th>Market</th>
<th>Location</th>
<th>Season</th>
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<th>Sa</th>
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</thead>
<tbody>
<tr>
<td>Chemung</td>
<td>West Water St. next to Riverview Holiday Inn</td>
<td>Late June-Oct</td>
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<td>3</td>
<td>6</td>
<td>3-6</td>
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<tr>
<td>Elmira: East Side</td>
<td>Grove Park, between Walnut Ave. and Grove St.</td>
<td>June-Oct</td>
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<td>10-2</td>
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<tr>
<td>Elmira: Winsor Park</td>
<td>Winsor Park on N. Main St. and West Church St.</td>
<td>June-Sept</td>
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<td>6</td>
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<tr>
<td>Erin</td>
<td>Erin Fire Dept: 1465 Breesport Road (Rt. 223)</td>
<td>June-Sept</td>
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<tr>
<td>Horseheads</td>
<td>Teal Park, 202 South Main Street, Horseheads</td>
<td>July-Sept</td>
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**Cortland**

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<th>Location</th>
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<tr>
<td>Cincinnatus</td>
<td>May-Dec</td>
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<td>9</td>
<td>12</td>
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<td>Cortland</td>
<td>late May-Oct</td>
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<td>Homer</td>
<td>late May-Oct</td>
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<td>30-7</td>
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<td>Virgil</td>
<td>late Jun-mid Oct</td>
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<td>12</td>
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**Schuyler**

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<th>Location</th>
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<tr>
<td>Watkins Glen</td>
<td>late May-Feb</td>
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<td>Tioga</td>
<td>June - Sept</td>
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<td>30-6:30</td>
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<tr>
<td>Owego</td>
<td>mid June-Oct</td>
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<td>Spencer-Van Etten</td>
<td>June - Sept</td>
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<td>12-30</td>
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<td>Waverly</td>
<td>late June - mid Oct</td>
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<td>30-6:30</td>
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<tr>
<td>Tompkins</td>
<td>May-Oct</td>
<td>10</td>
<td>2</td>
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<tr>
<td>Congo Square</td>
<td>June-Aug</td>
<td>4</td>
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<tr>
<td>Dryden</td>
<td>June - Sept</td>
<td>9</td>
<td>1</td>
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<tr>
<td>Groton</td>
<td>July - mid Sept</td>
<td>3</td>
<td>30-6:30</td>
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<tr>
<td>Ihaca: Steamboat Landing</td>
<td>April-Dec</td>
<td>9</td>
<td>3, 10-2 in Nov and Dec</td>
<td>10</td>
<td>3, 10-2 in Nov</td>
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<tr>
<td>Ihaca: Dewitt Park</td>
<td>May-Oct</td>
<td>9</td>
<td>2</td>
<td>4</td>
<td>8</td>
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<tr>
<td>Ihaca: East Hill Plaza</td>
<td>June-Oct</td>
<td>4</td>
<td>7</td>
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<tr>
<td>Ihaca: Hancock St.</td>
<td>June-Sept</td>
<td>4</td>
<td>7</td>
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<tr>
<td>Triphammer Market</td>
<td>June-Oct</td>
<td>8</td>
<td>12</td>
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<tr>
<td>Trumansburg</td>
<td>mid May-Oct</td>
<td>4</td>
<td>7</td>
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</tbody>
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**Harvest Calendar: When to expect local crops**

**May:** Asparagus, rhubarb, scallions, greens, lettuce

**June:** Beans, broccoli, flowers, herbs, peas, strawberries, sweet cherries

**July:** Apples, beans, blueberries, broccoli, cauliflower, cucumbers, corn, flowers, herbs, peanuts, peas, raspberries, sweet cherries, sour cherries, tomatoes

**August:** Apples, beans, blueberries, broccoli, cauliflower, corn, cucumbers, eggplant, flowers, herbs, peas, peppers, potatoes, tomatoes

**September:** Apples, beans, broccoli, brussel sprouts, cabbage, carrots, corn, eggplant, flowers, grapes, herbs, peas, peppers, plums, potatoes, pumpkins, raspberries, tomatoes, winter squash

**October:** Apples, broccoli, brussel sprouts, cabbage, cauliflower, flowers, grapes, potatoes, pumpkins, tomatoes, winter squash

**In the winter months look for:** Apples, cabbage, kale, winter squash, potatoes, carrots, turnips, parsnips

**Year around find:** Cheese, eggs, poultry, meat, honey, maple products, ice cream, salsa, crackers, popcorn, sauces, dressings, pickles, seitan, baked goods
Honey & Maple Products, cont.

Windsong Farm
David and Karen Stern
5051 Tuttle Rd.
Burdett, NY 14818
607-546-5408
kastern@empacc.net
www.windsongfarm.com
Products: Maple syrup and various fruit jams. All products available at the farm, and delivery in Ithaca is possible. See website, call, or email for more information.

Southern Seneca County
Waida's Honey and Candles
Duane & Wanda Waid
8661 Powell Road
Interlaken NY 14847
607-532-4391
waidshoney@fltg.net
Products: Honey, beeswax products; candles; apples, berries, and cider. Available year-round, call ahead for hours.

Beeman Apiaries
Joe Rowland
2495 Montrose Turnpike
Owego NY 13827
607-687-2679
beek6@juno.com
Products: Honey, pollen, beeswax, propolis products.

Hamley's Maple
Leonard Hamley
1242 Oak Hill Road
Barton NY 13734
607-565-3731
Products: Maple syrup, tapping, collecting & packaging supplies. Available year around.
Of special interest: Seasonal tours, pancake breakfasts & workshops.

Honey Pot Apiaries
Don and Bob O'Brien
565 Honey Pot Road
Candrond NY 13743
607-659-5817
Products: Honey in 10 oz bears, 1, 2 & 5# jars, 60# pails. Available year around from producer, local delivery for large orders.

Klossner Farm
Jack and Lynn Klossner
66 Ott Road
Candrond NY 13743
607-687-9679
Products: Maple syrup. Available year around at farm, Arthur J. Hollenbeck & Sons (Catatonk).

Mandeville Farm
Casey and Janet Mandeville
894 Ithaca Road
Spencer NY 14883
607-589-4399
mandeville11@msn.com
Also sell: Honey, straw, hay.

Sanctuary Farm
Sandra Lute
2015 Upper Briggs Hallow
Nichols, NY 13812
607-699-7945
Products: Honey (Fall only)

Sugarbush Run
Bill Randall
1928 Howard Hill Road
Newark Valley, NY 13811
607-642-8750
Products: Maple syrup, maple crème, and maple candy. Open year-round, call ahead for hours.

Sweettrees Maple Products, LLC
Dan and Ruth Beasley
761 Glen Road
Berkshire NY 13760
315-699-3855 or 607-792-6999
info@sweettreesmaple.com
Products: Maple syrup, cream, candy, granulated sugar, maple jelly, maple-coated nuts. Available year round from the farm and in Cicero, NY. Call ahead for days and hours.

Tremblay Apiaries, LLC
Alan Tremblay
Honey House at 34 S. Main St, Spencer
154 Warner Road
Van Etten NY 14889
607-330-2300
sales@tremblayapiaries.com
sites.google.com/site/tremblayapiary/
Products: Honey, pollen, beeswax, royal jelly, propolis and beewax candles. Available year around from producer.

West Candor Maple
Phil Beebe
777 Spencer Road
Candrond NY 13743
607-659-7263/ 607-659-5040
Products: Maple syrup available year-round at Greenstar or call for Dryden pickup.

Hilker Haven Farm
Bill Hilker
277 Burns Road
Ithaca NY 14850
607-275-6964
Products: Raw honey from our local and Florida locations.

Bob & Shirley Kozlowski
115 West Groton Road
Groton NY 13073
607-533-4639
rek4@cornell.edu
Products: Pure, local, unprocessed, wildflower honey available at Triphammer FM.

Larry and Denise Moore
510 Conlon Road
Lansing NY 14882
607-533-4229
larryanddenisemoore@gmail.com
Products: Maple syrup
Also: beef, eggs, organic garlic

Owen Raymond
607-277-9557
Products: Maple syrup available-year-round at Greenstar or call for Dryden pickup

Sapsquatch Maple Products
Josh Dolan
Rt. 79 W. of Ithaca
2247 Mecklenberg Rd.
Enfield, NY 14850
607-280-8498
Sapsquatch7@gmail.com
www.sapsquatch.com
Products: Maple syrup available seasonally from the producer. Maple on sale 11/1.
Also grow: Spring ramps.

Ellis Hollow Farm
Nancy Munkenbeck
832 Ringwood Road
Ithaca NY 14850
607-539-7902
nwml@cornell.edu
Products: Honey, honeybees, beeswax, lamb, sheepskins, wool, alpaca fiber available at farm, call for availability and to order.

Tompkins County
Tom's Honey & Maple Products
Bill Hilker
187 Bums Road
Ithaca NY 14850
607-275-6964
Products: Raw honey from our local and Florida locations.

Bob & Shirley Kozlowski
115 West Groton Road
Groton NY 13073
607-533-4639
rek4@cornell.edu
Products: Pure, local, unprocessed, wildflower honey available at Triphammer FM.

Larry and Denise Moore
510 Conlon Road
Lansing NY 14882
607-533-4229
larryanddenisemoore@gmail.com
Products: Maple syrup
Also: beef, eggs, organic garlic

Owen Raymond
607-277-9557
Products: Maple syrup available-year-round at Greenstar or call for Dryden pickup

Sapsquatch Maple Products
Josh Dolan
Rt. 79 W. of Ithaca
2247 Mecklenberg Rd.
Enfield, NY 14850
607-280-8498
Sapsquatch7@gmail.com
www.sapsquatch.com
Products: Maple syrup available seasonally from the producer. Maple on sale 11/1.
Also grow: Spring ramps.

White Dog Apiaries
Joe Rowland
2495 Montrose Turnpike
Owego NY 13827
607-687-2679
beek6@juno.com
Products: Honey, pollen, beeswax, propolis products.

Sanctuary Farm
Sandra Lute
2015 Upper Briggs Hallow
Nichols, NY 13812
607-699-7945
Products: Honey (Fall only)

Sugarbush Run
Bill Randall
1928 Howard Hill Road
Newark Valley, NY 13811
607-642-8750
Products: Maple syrup, maple crème, and maple candy. Open year-round, call ahead for hours.

Sweettrees Maple Products, LLC
Dan and Ruth Beasley
761 Glen Road
Berkshire NY 13760
315-699-3855 or 607-792-6999
info@sweettreesmaple.com
Products: Maple syrup, cream, candy, granulated sugar, maple jelly, maple-coated nuts. Available year round from the farm and in Cicero, NY. Call ahead for days and hours.

Tremblay Apiaries, LLC
Alan Tremblay
Honey House at 34 S. Main St, Spencer
154 Warner Road
Van Etten NY 14889
607-330-2300
sales@tremblayapiaries.com
sites.google.com/site/tremblayapiary/
Products: Honey, pollen, beeswax, royal jelly, propolis and beewax candles. Available year around from producer.

West Candor Maple
Phil Beebe
777 Spencer Road
Candrond NY 13743
607-659-7263/ 607-659-5040
Products: Maple syrup available year-round at Greenstar or call for Dryden pickup

Sapsquatch Maple Products
Josh Dolan
Rt. 79 W. of Ithaca
2247 Mecklenberg Rd.
Enfield, NY 14850
607-280-8498
Sapsquatch7@gmail.com
www.sapsquatch.com
Products: Maple syrup available seasonally from the producer. Maple on sale 11/1.
Also grow: Spring ramps.

White Dog Apiaries
Mike Griggs
179 Benjamin Hill Road
Newfield NY 14867
607-564-0656
Products: Unheated floral source honeys, pure beeswax candles & hive products including pollen, propolis, & beeswax.

Robs Honey & Maple Products
Bill Hilker
277 Burns Road
Ithaca NY 14850
607-275-6964
Products: Raw honey from our local and Florida locations.

Bob & Shirley Kozlowski
115 West Groton Road
Groton NY 13073
607-533-4639
rek4@cornell.edu
Products: Pure, local, unprocessed, wildflower honey available at Triphammer FM.

Larry and Denise Moore
510 Conlon Road
Lansing NY 14882
607-533-4229
larryanddenisemoore@gmail.com
Products: Maple syrup
Also: beef, eggs, organic garlic

Owen Raymond
607-277-9557
Products: Maple syrup available-year-round at Greenstar or call for Dryden pickup

Sapsquatch Maple Products
Josh Dolan
Rt. 79 W. of Ithaca
2247 Mecklenberg Rd.
Enfield, NY 14850
607-280-8498
Sapsquatch7@gmail.com
www.sapsquatch.com
Products: Maple syrup available seasonally from the producer. Maple on sale 11/1.
Also grow: Spring ramps.

White Dog Apiaries
Mike Griggs
179 Benjamin Hill Road
Newfield NY 14867
607-564-0656
Products: Unheated floral source honeys, pure beeswax candles & hive products including pollen, propolis, & beeswax.
**Southern Cayuga County**

Grisamore Farms
Mary Ann Grisamore
N of Ithaca off Rt 34
Goose Street Road
Locke NY 14092
315-497-1347
info@grisamorefarms.com
www.grisamorefarms.com


**Crops:** Strawberries, blueberries, blackberries, apples, sweet & sour cherries, raspberries, pumpkins.

**Sheils Farm**
Brian Sheils
1 mi N of King Ferry
1462 Sheils Road
King Ferry NY 13081
315-364-7600

**Season:** Sep-Oct: Daily 7-7
**Crops:** Pumpkins, winter squash.

**Chemung County**

Ackerman's Blueberries
Gayle Ackerman
Off Jackson Creek Rd
240 Red Chalk Road
Erin NY 14838
607-796-9842
sales@stoneyridgeorchard.com
www.stoneyridgeorchard.com

**Crops:** U-pick apples and peaches.

**Products:** Fruit wines, butters, jellies, donuts, baked goods, soaps, candles, crafts.

**Cortland County**

Cherry Knoll Farm
Terry Perfetti
3426 Hoxie Gorge Freetown Rd.
Marathon NY 13803
607-849-6886
cherryknollfarm@peoplepc.com

**Season:** Mid Jul-Late Aug
**Crops:** Blueberries and pumpkins

**Twin Tower Blueberry Farm**
Celeste and Jeffery Hall
4113 Route 221 East
Marathon, NY 13803
607-316-4800
farmgirlberry@stny.rr.com

**Season:** Jul-Aug: always call first
**Crops:** Blueberries

**Schuyler County**

Church Street Produce
Val and Jerry Carocci
3405 Church Street
Burket NY 14818
607-546-2557
www.churchstreetproduce.com

**Crops:** Season: May-Oct: Call for hours.

**Dugue's Farm**
Ed Dugue
Off Rt 414 just N of Hector
3670 Dugue Road
Hector NY 14841
607-546-6262
eddugue@aol.com

**Season:** Daily 8-5, call or email for availability.

**Crops:** Currants (red, white & black) & pears late Aug, Concord & Catawba grapes Sep-Oct.

**Glendale Farm**
Joe Ottati
4590 State Route 414
Burdett NY 14818
607-546-8479

**Season:** Sept-Oct

**Crops:** Certified Organic grapes: Concord, Catawba, Niagara, Delaware, Cayuga, Rougeon, also Jelly & juice.

**Glenhaven Farm**
John Tamburello
6121 Sirrine Road, off Rt 227
Trumansburg NY 14886
607-387-9031
jrt55@cornell.edu
www.glenhavenfarm.com

**Season:** Mid Jul - Early Sep
**Crops:** Blueberries, also available at Ithaca Farmers’ Market.
**Pick Your Own Produce, cont.**

**Hoffmire Farms**  
Gregg Hoffmire  
6515 Route 227  
Trumansburg NY 14850  
607-387-8400  
*Season*: Mid Sept- Late Oct  
*Crops*: Apples, many varieties.

**Mansfield Farm**  
Ken Mansfield  
3908 Matthews Road  
Burdett NY 14818  
mansfieldfruits@yahoo.com  
*Season*: Mid Sep-Oct: Daily 10-5  
*Crops*: Concord grapes, Kiwi berries.

**Reisinger’s Apple Country**  
Rick & Karen Reisinger  
3 mi W of Watkins Glen, take Rt 409 & follow signs  
2750 Apple Lane  
Watkins Glen NY 14891  
607-535-7493  
reisingersapplecountry.com  
*Season*: Aug-Nov; daily 9-6  
*Crops*: 18 varieties of apples and red raspberries in the fall.

**Sawmill Creek Vineyards**  
Tina Hazlitt  
Appx. 9 mi N of Watkins Glen  
5587 State Route 414  
Hector NY 14841  
607-546-6777  
smcvineyard@htva.net  
*Season*: Late June-Early July: Daily daylight hours, call for availability  
*Crops*: Sweet and sour cherries.

**Silver Queen Farm**  
Gordie Gallup  
5286 Stillwell Road  
Trumansburg NY 14886  
607-387-6502  
silverqueenfarm@gmail.com  
*Season*: Jun-Sep: Daily 8-dark  
*Crops*: Strawberries, raspberries, snap peas, tomatoes, beans, peaches, plums, apples and asparagus.

**Southern Seneca County**

**Luce Farm**  
Steve and Val Luce  
7381 Hall Road  
Ovid NY 14521  
607-532-9475  
val.luce@gmail.com  
*Season*: Mid Jul-mid Aug: M-F 8-noon & 4-8, Sa 9-5  
*Crops*: Blueberries.

**Mango Vineyards**  
Jeff & Sherry Mangus  
3531 State Route 414  
Hector NY 14841  
607-546-6777  
mangusvineyard@htva.net  
*Season*: Mid Sept- Late Oct: Sa & Su 10-5  
*Crops*: Apples, many varieties.

**Wagner Farms**  
County Road 137  
Valois NY 14841  
607-582-6464  
*Season*: Mid Jul-mid Aug: M-Sa 9-5. Call for availability.  
*Crops*: Cherries

**Locust Woods Farm**  
Elliot Martinez  
420 Dawson Hill Road  
Spencer NY 14883  
607-589-4502  
roell4u@aol.com  
*Season*: Jun-Sep: Daily 9-6   
*Crops*: Strawberries, peas, tomatoes.

**Maple Tree Gardens**  
Russell Shoultes  
624 Glenmary Drive  
Owego NY 13827  
607-687-4959  
rshoulte@stny.rr.com  
*Season*: Jul-Sep: Daily 10-6  
*Crops*: Beans, peas, chili peppers.

**Our Green Acres**  
Frank Wiles  
3965 Waverly Road  
Owego NY 13827  
607-687-2874  
info@ourgreenacres.net  
*Crops*: Blueberries.

**Stoughton Farm**  
Tim Stoughton  
Route 38 North  
Newark Valley NY 13811  
607-642-3675  
info@stoughtonfarm.com  
http://stoughtonfarm.com/  
*Crops*: Beans, peas.

**TLC Blueberry Farm**  
Tom and Linda Gartung  
1 mi W of Smithboro  
2053 Route 17C  
Barton NY 13734  
607-699-7933  
null111@verizon.net  
*Season*: Mid Jul-mid Aug; Daily 8-7, call for availability.  
*Crops*: Blueberries.

**Tompkins County**

**Bakers’ Acres of North Lansing**  
Reenie Baker-Sandstedt  
Rt 34 between Ithaca & Auburn  
1104 Auburn Road  
Groton NY 13073  
607-533-4653  
www.bakersacres.net  
info@bakersacres.net  
*Season*: Apr 4-Oct 31; M-F 8-5, Weekends 9-5  
*Crops*: Apples (20 varieties).
Farmer’s Choice
Blueberries
Dave & Ginny Farmer
281 Lake Road
Dryden NY 13053
607-844-9629
info@farmerschoice.org
www.farmerschoice.org
Season: Mid Jul to late August. Call ahead.
Crops: Blueberries.

Indian Creek Farm
Steve Cummins
1408 Trumansburg Road
Ithaca NY 14850
607-227-8248
indiancreekithaca.com
www.indiancreekithaca.com
info@indiancreekithaca.com
607-564-9246, 607-592-8177
Newfield NY 14867
345 Shaffer Road
Crops: Strawberries, raspberries, peaches, apples, pears, tomatoes, peppers, eggplant, pumpkins, squash, cucumbers, zucchinis, flowers, and fresh-pressed cider.
Season: Jun-Oct: Daily 10-6

Littletree Orchards
Dennis Hartley, Anna & Amara Steinkraus
345 Shaffer Road
Newfield NY 14867
607-564-9246, 607-592-8177
littletreeorchards@gmail.com
http://littletree-orchards.com/
Season: June - November
Crops: Flowers, tomatoes, herbs, peppers, eggplant, basil, Brussel sprouts, apples, peaches, pumpkins, sweet & tart cherries, Asian pears, raspberries, gourds.

Schuyler County
Glenhaven Farm
John Tamburello
6121 Sirrine Road
Trumansburg NY 14886
607-387-9031
jrt55@cornell.edu
www.glenhaven.com
Season: Late Jul-Sep: M-F 8-7, Sa & Su 9-4, Su 10-3, call first.
Products: Cider, honey, maple syrup, jams, jellies, preserves, homemade pies & donuts.

Seneca County
Daring Drake Farm & Blackduck Cidery
Shannon O’Connor
3046 County Rte 138
Ovid, NY 14521
607-532-4956
daringdrake@zoom-dsl.com
www.daringdrake.com
www.blackduckcidery.com
Products: Hard cider and perry, raw apple cider vinegar available at farm stand, Ithaca & Trumansburg Farmers’ Markets. Call for availability. The farm is a NOFA-NY Farmer’s Pledge Farm.

Tompkins County
Bakers’ Acres of North Lansing
Reenie Baker-Sandsted
1104 Auburn Road (Rte 34)
Groton NY 13073
607-533-4653
info@bakersacres.net
www.bakersacres.net
Products: Apple butter and Bob Baker’s BBQ Chicken Sauce.

Blue Oyster Cultivation
Joe Rizzo
blueoystercultivation@yahoo.com
Products: Gourmet and medicinal mushrooms, maple syrup, and fresh fruits and vegetables. Available at the Ithaca Farmers’ Market and several NYC Greenmarkets.

Bo’s Bones Gourmet Organic Dog Biscuits
Jen Gage Sage
PO Box 463
Etna, NY 13062
607-279-9588
info@bosbones.com
www.bosbones.com/
Products: Gourmet organic dog biscuits made with local ingredients.

Cortland County
Cherry Knoll Farm
Terry Perfetti
3426 Hoxie Gorge Freetown Rd.
Marathon NY 13803
607-849-6886
cherryknollfarm@peoplepc.com
Season: Mid Jul-Late Aug: M-F 9-7, Sa 9-4, Su 10-3, call first.
Crops: Blueberry wine and vinegar.

Hollenbeck’s Cider Mill
1265 East State Road
Virgil NY 13045
607-835-6455
www.hollenbeckscidermill.com
info@hollenbeckscidermill.com
607-844-9629
info@farmerschoice.org
607-387-9031
Trumansburg NY 14886
6121 Sirrine Road
John Tamburello
Glenhaven Farm
www.glenhaven.com
(607) 583-2467
jrt55@cornell.edu
607-535-7493
Watkins Glen NY 14891
2750 Apple Lane
Rick & Karen Reisinger
Reisinger’s Apple Country
607-592-8177
Newfield NY 14867
345 Shaffer Road
Crops: Strawberries, raspberries, peaches, apples, pears, tomatoes, peppers, eggplant, pumpkins, squash, cucumbers, zucchinis, flowers, and fresh-pressed cider.
Season: Jun-Nov; call for availability

Ort Family Farm
2761 Yorski Rd.
Bradford, NY 14815
(607) 583-2467
ortroger@aol.com
Season: May-Jun. F & Sa 10 - 6, other days call first.
Products: Jams and jellies.

Sawmill Creek Vineyards
Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.

Locust Woods Farm
Elliot Martinez
420 Dawson Hill Road
Spencer NY 14883
607-589-4502
rosell4u@aol.com
Products: Homemadegums, jellies, syrups & fruit wine.

Farmers’ Markets. Call for availability. The farm is a NOFA-NY Farmer’s Pledge Farm.

Blue Oyster Cultivation
Joe Rizzo
blueoystercultivation@yahoo.com
Products: Gourmet and medicinal mushrooms, maple syrup, and fresh fruits and vegetables. Available at the Ithaca Farmers’ Market and several NYC Greenmarkets.

Bo’s Bones Gourmet Organic Dog Biscuits
Jen Gage Sage
PO Box 463
Etna, NY 13062
607-279-9588
info@bosbones.com
www.bosbones.com/
Products: Gourmet organic dog biscuits made with local ingredients.

Bakers’ Acres of North Lansing
Reenie Baker-Sandsted
1104 Auburn Road (Rte 34)
Groton NY 13073
607-533-4653
info@bakersacres.net
www.bakersacres.net
Products: Apple butter and Bob Baker’s BBQ Chicken Sauce.

Blue Oyster Cultivation
Joe Rizzo
blueoystercultivation@yahoo.com
Products: Gourmet and medicinal mushrooms, maple syrup, and fresh fruits and vegetables. Available at the Ithaca Farmers’ Market and several NYC Greenmarkets.

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Jen Gage Sage
PO Box 463
Etna, NY 13062
607-279-9588
info@bosbones.com
www.bosbones.com/
Products: Gourmet organic dog biscuits made with local ingredients.

Bramble
Press Bay Alley, 118 W Green St.
Ithaca NY 14850
607-379-0113
brambleithaca@gmail.com
www.brambleithaca.com
Products: Sustainably sourced herbs and herbal products.

Chenango County
Bramble
Press Bay Alley, 118 W Green St.
Ithaca NY 14850
607-379-0113
brambleithaca@gmail.com
www.brambleithaca.com
Products: Sustainably sourced herbs and herbal products.

Culinary Kiosk
2 Monastery Rd.
Pine City NY 14871
607-733-0303, 888-733-8581
info@culinarykiosk.com
www.culinarykiosk.com

Sawmill Creek Vineyards
Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.

Sawmill Creek Vineyards
Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.

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Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.

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Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.

Sawmill Creek Vineyards
Tina Hazlitt
Appx. 9 mi N of Watkins Glen
5587 State Route 414
Hector NY 14841
607-546-6777
smcvineyard@htva.net
Season: Late June-Early July: Daily daylight hours, call for availability
Products: Verjus.
**Specialty Foods, cont.**

**Cayuga Mushroom Farm**
Dave Wanagle
Ithaca NY 14850
607-272-0975
dave@cayugamushroomfarm.com
cayugamushroomfarm.com
*Products:* Culinary and medicinal mushrooms, spawn (sawdust/grain)

**Cayuga Pure Organics**
18 Banks Road
Brooktondale NY 14817
607-793-0085
farmsales@cporganics.com
www.cporganics.com
*Products:* Certified organic dry beans, grain and seeds. Also available organically milled flour.

**Cornell Orchards**
709 Dryden Road (Route 366)
Ithaca NY 14850
607-255-4542
Fax 607-257-0520
orchards@cornell.edu
www.hort.cornell.edu/department/facilities/orchards/sales
*Season:* Day after Labor Day- Thanksgiving: Tu-Su, 8-5
*Products:* Cider, honey & maple.

**Crooked Carrot Community Supported Kitchen**
Johanna Brown
134 Hornbrook Road
Ithaca, NY 14850
607-242-6689
info@crookedcarrotcsk.com
www.crookedcarrotcsk.com
*Products:* Soup, deli-style salads, live-culture pickles, sauces, dips, broths, salad dressings, side dishes, and cooked/slice-able polenta.

**Dancing Turtle Farm**
Ellen Brown
685 Snyder Hill Road
Ithaca NY 14850
740-525-0062
dancingturtleithaca@gmail.com
*Products:* sprouts of all kinds, wheatgrass, microgreens, salad sauces, Available at Greenstar and Ithaca Farmers Market or from producer.

**Farmer Ground Flour, LLC**
Greg Mol
240 Aiken Road
Trumansburg, NY 14886
farmergroundsales@gmail.com
www.farmergroundflour.com
*Products:* Stone ground with certified organic grain grown by local farmers. Available at Greenstar, Good to Go, Brookton's Market, The Piggery, and Wegmans

**Finger Lakes Baking Company**
Kathy Maxson
201 Van Ostrand Rd
Groton, NY 13073
607-220-6433
kathyl.fbc@hotmail.com
*Products:* Cupcakes and gluten-free granola available at the People's Market in Lansing

**Finger Lakes Popcorn**
Ed Fedorka
931 Lansingville Road
Lansing NY 14882
607-533-4645
*Products:* Popcorn, available at farm and Ithaca Farmers' Market.

**Ithaca Hummus Co.**
418 Lower Creek Road
Ithaca NY 14850
607-269-7882
www.ithacahummus.com
*Products:* Lebanese style hummus made in Ithaca with simple, all natural, fresh ingredients.

**Littletree Orchards**
Dennis Hartley
345 Shaffer Road
Newfield NY 14867
607-564-9246, 607-592-8177
littletreepick@aol.com
http://littletree-orchards.com

**That Indian Drink**
Amrit Singh and Ipshita Pall
Ithaca, NY 14850
amrit@indianmilkandhoney.com
www.thatindiandrink.com
*Products:* Lassi (yogurt drink)

**Vegan Epicure**
Susie Gutierrez
1251 Trumansburg Road
Ithaca NY 14850
607-272-0432
Susie@veganepicure.com
*Season:* Year round: M-F 8-3
*Products:* Vegan foods, seitan products, tofu and tempeh. Available at Greenstar, Wegmans, Shortstop, Stonelhelds' café, and Manndible

**Blue Heron Farm Winter**
Robin Ostfeld & Lou Johns
1641 Shaw Road
Lodi NY 14860
607-582-6336
bluheron@empacc.net
www.blueheronorganic.com
*Pick-up:* Sat and Sun at the Ithaca Farmers’ Market
*Season:* Sep - November
*Products:* Wide variety of produce

**Buried Treasures Organic Farm**
Doug Newman & Mary McGarry-Newman
808 Clark St. Extension
Groton NY 13073
670-220-4044
buriedtreasuresorganicfarm@yahoo.com
*Share:* Family or single size; free choice at the Ithaca FM on Sat, boxed shares delivered on Wed.
*Pick-up:* Wed in Homer (Oh My Goodness Health Food), Cortland (Dharma Center, Dryden (Back to Basics), and Groton (Groton Public Library). Saturday at the Ithaca FM
*Season:* June - Nov, 23 weeks
*Products:* All of your favorite veggies plus extras like strawberries, raspberries, sweet potatoes, and specialty melons.

**Blue Heron Farm Fall**
Robin Ostfeld & Lou Johns
1641 Shaw Road
Lodi NY 14860
607-582-6336
bluheron@empacc.net
www.blueheronorganic.com
*Pick-up:* Sat and Sun at the Ithaca Farmers’ Market
*Season:* Sep - November
*Products:* Wide variety of produce

**Black Diamond Farm**
Trumansburg, NY 14886
607-592-7506
blackdiamondfarm@gmail.com
www.incredapple.com
*Share:* Weekly fruit share
*Pick-up:* Sat at the Ithaca market, Friday – Tues on farm, flex pickup any time you like
*Season:* late Aug – early Nov
*Products:* Apples – over 70 varieties including new and heirloom, other tree fruit such as plums, pears, peaches, etc.

**Bloodnick Family Farms**
Lisa & Brendan Bloodnick
1979 Pennsylvania Avenue
Apalachin NY 13732
607-625-4141
lbloodnick@gmail.com
*Special Features:* Wide variety of produce

**Blue Heron Farm Summer**
Robin Ostfeld & Lou Johns
1641 Shaw Road
Lodi NY 14860
607-582-6336
bluheron@empacc.net
www.blueheronorganic.com
*Pick-up:* Sat and Sun at the Ithaca Farmers’ Market
*Season:* Jun-Oct
*Products:* Over 150 varieties of vegetables, herbs & flowers.

**Special Features:** Free delivery to your neighborhood or workplace, NOFA-NY certified Organic, Healthy Food For All
C.S.A., cont.

Dancing Turtle Farm
Ellen Brown
685 Snyder Hill Road
Ithaca NY 14850
740-525-0062
dancingturtleithaca@gmail.com
Share: single share for $200 or two-adult share for $255
Pick-up: Sat 11am - 2pm at the Ithaca Farmers’ Market
Season: Feb - April, Nov-Jan
Products: local salad greens, microgreens, sprouts, dressing
Special Features: Homemade vegan dressings, fresh green foods through the winter

Daring Drake Farm
Shannon O’Connor
7726 Rock River Rd
Interlaken, NY 14847
607-532-4956
daringdrake@zoom-dsl.com
Share: 20 week fruit share
Pick-up: Sat at Ithaca Farmers Market, Wed at Tburg FM, Fri at Blackduck Cidery in Ovid
Season: Late Jun to early Nov
Products: Strawberries, Hungarian tart cherries, plums, red & black raspberries, gooseberries, currants, grapes, melons, apples, pears, winter squash, and other fruit
Special Features: NOFA-NY Farmer’s Pledge

Early Morning Farm
9658 Route 90
Genoa NY 13071
315-237-9170
support@earlymorningfarm.com
www.earlymorningfarm.com
Share: Basic Share (1/2 bushel box), Premium Share (3/4 bushel box).
Season: Jun-Nov (23 weeks)
Products: Bountiful selection of certified organic produce
Special Features: Every week we send a newsletter with share contents and a complete meal plan specifically tailored to the week’s share. At least five vegetarian, omnivore and gluten free versions of recipes are included in the meal plan. Our CSA members receive a 20% discount at all of our farmers’ market locations. All of our certified organic, market quality vegetables are grown by us, on our farm - our CSA members are our first priority. Many of our pickup locations also host CSA+ from Good Life Farm which provides our members with the opportunity to purchase organic Meat, Cheese, Egg, and Fruit shares as well as a variety of local organic A La Carte options. Healthy Food For All

Ever Green Farm
Joe & Joely Zerbe
5942 Old Lake Rd.
Rock Stream NY 14878
607-243-3613
info@evergreenfarmonline.com
www.evergreenfarmonline.com
Share: Large, small, student
Pick-up: on-farm, Geneva Family YMCA, Geneva FM, Corning
Season: Jun-Oct
Products: Seasonal vegetables
Special Features: NOFA-NY certified organic

Finger Lakes Fruit Bowl
Lucy Garrison and Sara Worden
http://fullplatefarms.webs.com/
fingerlakesfruitbowl.htm
fingerlakesfruitbowl@gmail.com
607-379-2866
Share: Weekly fruit shares, growing season and winter season
Pick-up: with Full Plate Collective or home/group delivery
Season: Jun-Oct & Dec-Feb
Products: Growing Season share: rhubarb, strawberries, apricots, cherries, peaches, plums, heirloom apples, cider, pears, and some small berries. Winter Share: several varieties of apples plus frozen berries, frozen peaches, cider, honey, and jams.

Frosty Morning Farm
Karl & Alison Frost
4211 Route 13
Truxton NY 13158
607-842-6799
frostymorningfarm@yahoo.com
Share: Single, Family, Working
Pick-up: Monday afternoons & evenings in Syracuse & Truxton
Season: Mid May-Early Nov
Products: Diverse variety of vegetables, herbs & some fruits.
Special Features: NOFA-NY certified organic

The Full Plate Farm
Collective
Sara Worden
PO Box 6898
Ithaca NY 14851
607-379-2866
info@fullplatefarms.org
www.fullplatefarms.org
Share: Full, Summer or Winter
Pick-up: Free choice at Stick & Stone Farm, 3 Swallows Farm, and Press Bay Alley (downtown) and box shares delivered to Triphammer Mall, Fall Creek, South Hill, East Hill, Cayuga Heights, The Piggery, Good to Go!, Mama Goose, and more. Home/office delivery available in City of Ithaca.
Season: Jun - Nov, Dec - March
Products: Wide range of vegetables, strawberries, fruit, u-pick flowers, herbs
Special Features: Coordinate w/many other CSA’s/producers; weekly newsletter, payment plans, all farms are NOFA-NY certified organic, Remembrance Farm is biodynamic, Healthy Food For All

Hellers Farm
Seth Heller
1157 County Road 39
Bainbridge, NY 13733
607-316-2251-cell
hellerfarm@hotmail.com
Share: Full
Pick-up: Thursday 3pm-6pm at Ithaca Bakery
Season: June - Nov
Products: Diverse variety of vegetables, fruits, herbs, shares include two or more quarts of pickles, jam, salsa, sauerkraut, or other products.

Planting Brussels sprouts at Stick & Stone Farm (photo by Matt LeRoux)
Harvest Dinners

Fine Dining on Local Farms
Proceeds benefit Healthy Food For All

www.HealthyFoodForAll.org

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53 east main street
trumansburg, ny

607.387.4433
www.hazelnutkitchen.com

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C.S.A., cont.

**Humble Hill Farm**
Courtney Sullivan & Ric Tarantelli
390 Tallow Hill Road
Spencer NY 14883
607-738-6626
info@humblehill.com

**Share**: Weekly box share or market stand credit – spend $100, get $105 in credit with no expiration

**Pick-up**: Box share in Spencer, share cards at Ithaca FM Tue, Sat, Sun

**Season**: June – Dec (28 weeks)

**Products**: Wide variety of vegetables, flowers, and various veggies, occasional member potluck; bulk veggies for sale in season.

**Special Features**: NOFA-NY certified organic, recipes and info updated on website, access to Local Thyme Recipe Service, berries included with share, Healthy Food For All

**Kestrel Perch Berries**
Katie Creeger
A U-Pick Fruit CSA
220 Rachel Carson Way
Ithaca NY 14850
ithacaberries@gmail.com
www.ithacaberries.com
607-275-0272

**Season**: June - August

**Products**: Strawberries, red & purple raspberries, gooseberries, red & black currants, tart cherries, blueberries, elderberries.

**Special Features**: Your choice of picking window: mid-week (Tu/Wed) or weekend (Sa/Su); flexible make-up options. Pay as you go u-pick available, Healthy Food For All

**Littletree Orchards**
Dennis Hartley & Anna Steinkraus
345 Shaffer Road
Newfield NY 14867
607-564-9246
littletreeorchards@gmail.com
http://littletree-orchards.com/

**Share**: Small & Large, U-pick or pickup

**Pick-Up**: Ithaca Farmers Market

**Season**: August - November

**Products**: Apples & cider

**Of note**: Occasional addition of apple cider donuts in shares

**Monarch Farm**
Brendan & Michelle O'Keefe
7272 Vincent Hill Road
Homer NY 13077
607-749-2144
monarchfarmny@gmail.com

**Share**: Full-$475

**Pick-up**: Sat at the Regional Market, Monarch Farm, Homer and Skaneateles drop off locations.

**Season**: Jun-Oct

**Products**: Wide range of ecologically grown produce.

**Special Features**: newsletters, recipes, farm visits welcome.

**Muddy Fingers Farm**
Matthew Glenn & Elizabeth Martin
3859 Dugue Road
Hector NY 14841
607-546-4535
maglenn_1999@yahoo.com
muddyfingersfarm.blogspot.com

**Share**: Basic share & large share, Farm Card in any amount

**CSA Pick-up**: Jun-Oct: Elmira, Corning, Watkins Glen, or on-farm.

**Nov-Feb**: Watkins Glen or on-farm

**Products**: Vegetables

**Nook and Cranny Farm**
Bob Tuori
424 Harford Rd.
Brooktondale NY 14817
607-539-6580
btuori@gmail.com

**Share**: Summer/Fall, Fall/Winter

**Pick-up**: At farm on Sunday afternoon or evening

**Season**: June - Dec

**Products**: vegetables, cantaloupes, raspberries, eggs.

**Plowbreak Farm**
Aaron Munzer & Kara Cusolito
6200 Deer Run Lane
Trumansburg NY 14886
845-594-7126
plowbreakfarm@gmail.com

**Share**: $520 for 2 adults plus kids, 23 weeks, free choice. $420 single share. $90 Winter share (Nov - Dec, 2 pickups)

Season: June – Nov, 23 weeks

**Pickup**: Mondays from 2pm – 7pm on farm in Mecklenburg, Thursdays from 5-8pm at the Westy on State Street in Ithaca. Workplace box share delivery also available, ask for details.

**Products**: Wide range of fresh certified naturally grown produce, herbs, and fruits.

**Polestar Farm**
Eric Benner and Marie Rhoades
Trumansburg, NY
315-427-5086
polestarveggies@gmail.com

**Website**: like us on Facebook!

**Share**: Family and partial shares

**Pick-up**: Wed at East Hill Farmers’ Market, Thu on farm in Mecklenburg, Saturdays at Berta’s Café in Burdett

**Season**: Summer and Fall

**Products**: Mixed produce

**Of note**: Pick your own patches of flowers and various veggies, occasional member potluck, bulk veggies for sale in season.

**Silver Queen Farm**
Gordie Gallup
5286 Stillwell Rd
Trumansburg, NY 14886
607-387-6502
silverqueenfarm@gmail.com
silverqueenfarmny.com

**Share**: Credit membership

**Pick-up**: On farm anytime, Wed 4-7 at Tburg Farmers Market, Fri 3-7 at Watkins Glen FM, and Mon 3-6 at Grove Park FM in Elmira

**Season**: June - October

**Products**: Wide variety of fruit, vegetables and flowers.

**Six Circles Farm**
Jacob and Lael Eisman
1491 Caywood Road
Lodi, NY 14860
sixcirclesfarm@gmail.com
www.sixcirclesfarm.com

**Share**: Single or family, free choice or box share

**Pick-up**: Free choice on farm

**Season**: Summer Jun – Oct, Fall Nov – Dec, Winter Jan - March

**Products**: Wide variety of vegetables and herbs, plus strawberries and fruit.

**Special Features**: 15% discount on unique products such as garlic scape pesto and pickles, salsa, hot sauce, and garlic basil powder made with farm ingredients, Certified Naturally Grown since 2001.

**Spice of Life Farm**
1365 Beardsley Hollow Road
Alpine, NY 14805
310-367-6939
camrock79@gmail.com
www.spiceoflifefarm.com

**Share**: Full season or weekly

**Pick-up**: Tuesdays 9-6 at the Piggery, delivery available in Watkins Glen and Montour Falls

**Season**: June - November

**Products**: Wide range of vegetables and herbs, including medicinal herbs.

**Special Features**: Farm tours, guided nature walks, annual shareholder harvest celebration.

**Sweet Land Farm**
9732 Route 96
Trumansburg, NY 14886
607-793-1566
sweetlandfarmcsa@gmail.com
www.sweetlandfarm.org

**Share**: Free choice, single or family

**Pick-up**: On farm

**Season**: Jun - Nov, and winter CSA

**Products**: Vegetables, fruits, and flowers

**Special Features**: Unlimited u-pick of certain vegetables, fruits, and flowers, Healthy Food For All
Thomson Farm
Keith Thomson
823 Van Ostrand Road
Groton NY 13073
607-533-7360/607-342-3185-cell
thomsonfarm.com
kthomson1@twcny.rr.com
Share: 2-3 people
Pick-up: Tu & Th 4-6 @ The Grey Barn, Van Ostrand & Peruville Rds
Season: May - October
Products: Wide variety of produce
Special Features: Organic small fruits

Tree Gate Farm
Sharon Tregaskis & Dean Koyanagi
Ithaca, NY 14850
607-342-0012
treegatefarm@gmail.com
treegatefarm.blogspot.com
Share: Credit membership
Pickup: To be decided
Season: Autumn - Winter
Products: Fruit, vegetables, eggs, soap, cut flowers, pastured meats
Of note: Healthy Food For All

West Haven Farm
John & Jennifer Bokaer-Smith
114 Rachel Carson Way
Ithaca NY 14850
607-279-9483
csa@westhavenfarm.net
www.westhavenfarm.net
Share: Single, Double; Working (30 hour min. during the season), Sliding scale
Pick-up: Tu on-farm 3:30-9pm, Wed in Fall Creek 3:30pm – 6:30pm
Season: Late May-Nov
Products: Wide selection of produce; bread, eggs, and fruit for additional cost
Special Features: NOFA-NY certified organic, food justice certified, flexible share, member work parties, U-pick crops, weekly newsletter, recipes, nutrition education, accepts food stamps. Limited scholarships available, sliding fee scale. Healthy Food For All

Meats
Cayuta Sun Farm
Michael Burns
Catharine, NY
www.cayutasunfarm.com
607-227-0316
cayutasunfarm@gmail.com
Pick-up: Thursdays at the Meat Locker on Green St or Thursday home delivery
Season: January - June
Products: 5lb chicken per month and 3 lbs of custom pork cuts per month

Crosswinds Farm & Creamery
Sarah Van Orden & Charlie Morrow
6762 Log City Road
Ovid, NY 14521
607-327-0363
crosswindsfarmcreamery@gmail.com
www.crosswindsfarmcreamery.com
Share: Credit membership
Pick-up: On-farm, IFM, downtown Ithaca alongside Plowbreak
Season: Year-round
Products: Pork, beef, eggs, cheese, whole milk, yogurt
Special Features: Spring and Fall open houses at the farm. Prepayment monthly, quarterly, or annually.

Finger Lakes Natural Beef
Will & Allison Schonfeld
1913 Dixon Road
King Ferry, NY 13081
www.fingerlakesnaturalbeef.com
315-246-9782
allisonschonfeld55@gmail.com
Share: $600 full share ($7.50/lb) or $325 half shares available
Pick-up: In Ithaca, on farm, or Syracuse farmers’ market
Season: Four months
Products: 20 lbs of Black Angus beef per month: 8 lbs ground beef, 2 roasts, 4 lbs steaks, misc by request
Special Features: Black Angus cattle born & raised on farm without antibiotics or hormones; fed natural farm-grown feed. Processed at a local USDA inspected facility. Halves, quarters, family packs & individual cuts available year round.

Glenwood Farms
Evan and Alex Reynolds
1084 Glenwood Heights Road
Ithaca, NY 14850
607-272-7809
info@glenwoodfarms.com
glenwoodfarms.com
Share: Buyers club, family share, single share
Pick-up: Sat Winter Market at Greenstar’s Space through 3/30, IFM Steamboat Landing Sat and Sun in season
Season: Year round
Products: Bison meat, eggs, other seasonal products

Good Life Farm CSA+
Melissa Madden
4017 Hickock Rd
Interlaken, NY 14847
607-351-3313
www.thegoodlifefarm.org
melissa@thegoodlifefarm.org
Good Life CSA+ Subscriptions:
Every other week, year-round pre-ordered deliveries of organic, local food such as veggies, meat, eggs, fruit, cider, honey, and more from our kindred community of farms. Of particular note, our Spring Vegetable share features fresh, organic greens mix, chard, escarole, spinach, bok choy, cabbage, and asparagus to fill the lean months.
Subscription CSA+ features:
Neighborhood deliveries, customers customize each share, online payment, web store with weekly offers from Good Life and other GLF kindred farms. Healthy Food For All.

High Point Farms
Tina MacCheyne
9448 State Rt 96
Trumansburg, NY 14886
607-279-7495
highpointfarmsstburg@msn.com
www.highpointfarms.net
Share: Grassfed beef
Pick-up: downtown Ithaca, on farm
Season: Year-round
Products: Beef
Special Features: Newsletter, no antibiotics or growth hormones. Animal Welfare Approved, beef is grass-fed.

Tim Haws of Autumn Harvest Farm (photo by Matt LeRoux)
Finger Lakes Meat Project

Step one: *Find your farmer!*
1) Visit **MeatSuite.com**, our directory of local farms selling meat in bulk.
2) Shop for the farm that fits you best & save money by buying in bulk.

Step two: *Fill your freezer!*
1) If you need more freezer space, rent a Meat Locker bin! Visit **FingerLakesMeatProject.com** to reserve & pay.
2) Drop off your meat! We inventory it so you can keep track.
3) Stop by to pick up some meat during weekly open hours.
4) Enjoy & share!
Just a Few Acres Farm
Peter and Hilarie Larson
604 Van Ostrand Road
Groton, NY 13073
607-279-6772
peterelarson3@gmail.com
justafewacres.com
Share: Multiple options
Pick-up: Sunday Ithaca market, Saturday Homer market, or on farm
Season: 6 months or year round
Products: Chicken, eggs, turkey, pork
Special Features: pasture raised, no antibiotics or hormones

Meadowsweet Farm
Steve and Barbara Smith
2054 Smith Road
Lodi, NY 14860
607-582-6964
dairy@meadowsweetfarm.com
Pick-up: 1 delivery/month to Ithaca
Season: Year round
Products: Grass-fed beef, wide selection of cuts

Specialty Products
Business is Blooming
Eva Bleakley
1005 N Cayuga St
Ithaca, NY 14850
talk@bizbloom.biz
www.bizbloom.biz
607-227-1522
Pick-up: Mon or Fri delivery to 14850 zip code, or pick up on Cayuga Street on Fridays
Share: Weekly, biweekly, monthly, or custom
Season: year round locally and regionally grown blooms and botanicals, all local flowers July - October
Product: Fresh floral design arranged in a vase with botanical information card

Double E Farms
Michael and Jennifer Edmonson
2506 Danby Road
Williseville, NY 13864
607-273-1040
doubleeshiitake@gmail.com
doubleeforestfarm.com
Share: 12 weeks of 12 oz. bags, half shares available
Pick-up: Distribution through the Full Plate Collective and Good Life Farm CSA. Direct home delivery and other pick-up options available on request
Season: spring, summer and fall
Products: Shiitake, oyster and lion's mane mushrooms
Special Features: Forest grown mushrooms from hardwood logs. We also produce a small sustainable harvest of woodland ephemerals including ramps and fiddleheads

Forget-Me-Not Farm
Jennifer Whitmore
56 Lathrop Rd
Candor NY 13743
607-659-5630
jenniferwhitmore0@gmail.com
smallgracescottage.blogspot.com
GardenShare: $460, June – Nov, weekly share of veggies, herbs, and edible flowers.
Meat Share: $250, pick-up at maturity. 1 ham, ½ grass-fed lamb, (15 lbs) and Thanksgiving turkey (15 lbs)
Homestead Share: $210, May – Nov, pick-up on farm 3rd Fridays, wide variety of products such as honey, syrup, ramps, elderberries, yam, cider-making day, eggs, farm-saved seeds, etc.

Hawk Meadow Farm
Steve and Anne Sierigk
5066 Mott Evans Road
Trumansburg, NY 14886
607-387-3424
info@hawkmeadowfarm.com
hawkmeadowfarm.com
Pick-up: Sweet Land Farm Tuesdays and Fridays
Season: June - September (15 wks)
Products: Shiitake mushrooms grown outdoors on natural hardwood logs.

Rootwork Herbals
Amanda David
PO Box 413
Ithaca, NY 14851
607-992-0196
info@rootworkherbals.com
www.rootworkherbals.com
Pick-up: 4 times/year on the solstices and equinoxes. Pick up at Bramble or the Ithaca Market, local bike delivery and shipping throughout the USA
Share: Quarterly shares of seasonal herbal products personalized to each member
Season: year round
Products: Handcrafted herbal products made with love and organic or consciously wildcrafted herbs. Includes teas, tinctures, infused oils, salves, spray, elixirs, powders, and more!
Special Features: Our Spring, Summer, Autumn, and Winter shares are specific to each season and personalized to each member. Shares include a plethora of written info on the season, herbs, and health. Members receive 15% off all our other products and classes throughout the season.

Sapsquatch Maple Syrup
Josh Dolan
2247 Mecklenburg Rd/ Rt. 79 W
Enfield, NY 14850
607-280-8498
sapsquatch7@gmail.com
Share: reserved maple gallons
Pick-up: On farm during last two weekends of March, or downtown.
Season: March-December
Products: maple syrup
Special Features: gift share option, free farm tours and pancakes

Take Your Pick Flower Farm
Linda VanApeldoorn
138 Brickyard Rd.
Lansing, NY 14882
607-533-4680
linda@takeyourpickflowers.com
www.takeyourpickflowers.com
Pick-up: at farm, area drop off locations, and to the door delivery in Lansing/Ithaca. Contact for details.
Share: Weekly
Season: Summer
Products: An abundant bucket of flowers or an arrangement in vase.

Wellspring Forest Farm
Steve and Elizabeth Gabriel
6164 Deer Run Lane
Trumansburg NY 14886
607-342-2825
farmers@wellspringforestfarm.com
wellspringforestfarm.com
Share: ¼ pound of fresh shiitakes each week for 14 weeks. $50/week, $71 total
Pick-up: at the Westy Thursdays from 3 - 8 alongside Plowbreak Farm CSA, on-Farm in Mecklenburg on Fridays, free delivery to any location that secures 5+ shares
Season: second week in June - second week in September
Products: shiitake mushrooms (also sell dried shiitake, inoculated logs, oyster & stropharia mushrooms, and duck eggs separately)
Special Features: Weekly recipe and update from the farm, discounts on workshops & other products we sell, and instructions on dehydrating weekly leftovers

Wide Awake Bakery
Stefan Senders, Liz Brown, and Hope Rainbow
4361 Buck Hill Rd S
Trumansburg NY 14886
607-279-7311
WideAwakeBakery@gmail.com
Wideawakebakery.com
Share: Flexible – starts anytime and can be changed in-flight. $5/loaf
Pick-up: Multiple pick-up sites around Ithaca and Trumansburg
Season: Year-round
Products: Breads, pastries, granola, and pasta
Special Features: We bake a variety of breads in our large wood-fired oven using mostly locally grown organic grains and flours (Farmer Ground Flour in Trumansburg).

Wood’s Earth Pesto CSA
Ithaca NY 14850
607-592-2902
woodsearthclass@gmail.com
www.woodsearth.com
Share: 8 grocery bags of fresh basil and 8 heads of garlic
Pick-up: every other week downtown
Season: July - September
Products: Organic basil and garlic
Special Features: Proceeds support our school food farm and Farm to School project of the CTA.
For additional information on local foods, check out the following resources. Business owners can easily add themselves to some of these directories.

FarmPlate - Online directory that connects farmers, fishermen, foragers, food artisans, restaurants, markets, distributors and foodies everywhere. 40,000+ business listings across the country, networking tools and reviews available.
http://www.farmplate.com

Farmshed 2.0 – Directory of 1,400+ local farms, farmers markets, CSAs and locally-owned businesses in Central New York and the Finger Lakes. Also available on your smartphone!
http://www.farmshedcny.com/

Finger Lakes Culinary Bounty – Member organization promoting food products of the Finger Lakes region.
http://flcb.org/

Hot Potato Press - Food news and networking hub for Tompkins County.
hotpotatopress.org

Ithacan - Web-based social network where home food preservers in Tompkins County organize food preserving events and share information.
http://ithacan.ning.com

The Finger Lakes Meat Project - Online directory of local meat farmers offering bulk meat sales of whole/half/quarter animals combined with the Meat Locker, which has cheap rentable freezer space for local meat storage.
www.fingerlakesmeatproject.com


Localharvest – Nationwide directory of farms, CSAs, markets, food events, and more. Also sells products from small farms.
http://www.localharvest.org/


Regional Access – Local product distributor delivering Finger Lakes produce to nearby businesses and as far away as New York City. regionalaccess.net
GROCERIES, DELI, BAKERY, BODYCARE, BULK, PRODUCE.

FRESH, FAIR TRADE, ORGANIC

and we’re Local... just like you.

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215 N. Cayuga St.       273-8210