# AMAZING GROWS HERE





# 4-H YOUTH DEVELOPMENT TOMPKINS COUNTY





Cooperative Extension Tompkins County 2016



## NEW YORK STATE 4-H YOUTH DEVELOPMENT MISSION, VISION & VALUES

#### **MISSION**

4-H connects youth to hands-on learning opportunities that help them grow into competent, caring, contributing members of society.

#### VISION

A world in which youth and adults learn, grow and work together as catalysts for positive change

#### VALUES

4-H reflects the principles of positive youth development, experiential learning and the importance of having fun.

4-H encourages family involvement and support by connecting families to their communities and to one another.

4-H promotes the development of skills that help young people succeed in higher education, their chosen career path and as members of their families and communities.

4-H is committed to achieving a community of staff, volunteers and program participants that reflects the diversity of New York State.

4-H creates opportunities for youth to have a voice in the development and evaluation of the program at the local, state and national level.

4-H experiences reflect local needs and culture while also preparing youth for success in a rapidly changing world.

4-H makes science come alive by connecting youth to Cornell University and the research-based resources of the land grant college system.

# 2016

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#### Dear Friends of 4-H,

Welcome to the first edition of the Cornell Cooperative Extension of Tompkins County 4-H Youth Development Program Annual Report! The goal of this first edition report is to tell the story of 4-H in Tompkins County and share successes from 2016; linking those successes with goals, vision, and mission of the Program and Association.

The Program is very grateful for all of our volunteers, families, participants, partnerships, and donors who make it possible to work with nearly 3,000 young people throughout the County. As you read the report, the hope is that you will learn about the diverse opportunities we provide to youth and adults throughout Tompkins County.

As with any program, we have highlights and challenges. Through a strong 4-H team and an ambitious 4-H Program Committee, we learn together and are working to solve some our challenges. As you read, if you are interested in learning more about a particular program or more about 4-H in general, please feel free to reach out to me.

Please enjoy this report and thank you for your support of the Cornell Cooperative Extension of Tompkins County 4-H Youth Development Program.

Sincerely,

Megan i

MEGAN E. TIFFT, Ed.D. 4-H, Youth, Family, & Community Issue Leader, CCETC





## Cooperative Extension Tompkins County

STRATEGIC GOALS Thriving Children and Families Strong Communities A Strong Local Economy A Healthy Environment Food Security for All An Organization Structured

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for the 21<sup>st</sup> Century

Dear Friends and Supporters of Cornell Cooperative Extension,

2016 was an exciting year for Tompkins County 4-H and on behalf of the Cornell Cooperative Extension of Tompkins County 4-H Program staff and 4-H Program Committee, I am pleased to present this report, a glimpse into the past year's accomplishments.

The Cornell Cooperative Extension 4-H Youth Development mission is to "unleash the power of youth and adults through diverse opportunities that meet community needs" through Citizenship, Healthy Lifestyles, and Science, Technology, Engineering and Math mission mandates. These mandates are accomplished through a variety of youth activities offered throughout the year across Tompkins County, as part of afterschool and summer programs, as well as more traditional workshops, club, camp or special events like the 4-H Youth Fair. Programs and events are designed to fit the interests and needs of the young people living in both rural and urban communities. The Tompkins County 4-H Program includes the 4-H Club Program, the 4-H Urban Outreach Program, Rural Youth Services and Primitive Pursuits.

On the previous page we listed the six strategic goals Cornell Cooperative Extension of Tompkins County has identified. In this report you will see evidence of how our 4-H programs are striving to meet these goals.

Our 4-H staff, along with the support of over 380 volunteers, actively interact with and educate over 5000 youth aged 5 to 19 each year in developing important leadership and life skills in custom-tailored educational programs through which youth are provided opportunities for positive change. Youth who participate in 4-H find a welcoming and supportive environment whereby they can participate in hands-on or "experiential" activities that interest them, all the while building the necessary skills to be successful in life and building positive bonds with caring adults.

It is only through the on-going support of our friends and families of Tompkins County 4-H, and our knowledgeable and skilled staff and volunteers, that we are able to deliver the quality programs and services that meet the needs of our Tompkins County youth as part of our efforts to continue to build contributing and caring community leaders of the future.

Sincerely,

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CHRISTINE ASHDOWN CCETC 4-H Program Committee Chair









# **4-H CLUBS**

4-H Clubs provide a wide variety of opportunities for young people aged 5-to-19. Members of 4-H clubs learn about environmental issues, veterinary medicine, science, technology, engineering and mechanics (STEM), sewing skills, healthy lifestyles, and have fun in the process!



Through my extensive involvement in 4-H at the county, state, and national levels, I formed my identity and gained self-confidence. I identify as an individual who wants to positively impact the world through using my leadership skills that I gained from 4-H." Elizabeth Jesch, Recent 4-H Alumna

"America is facing a critical need for more leaders – true leaders – who are prepared with the skills to deal with the problems of today and the challenges of tomorrow," said Jennifer Sirangelo, president and CEO, National 4-H Council.

# A true leader leads by example, works well with others, tackles tough challenges head-on, and sticks with a job until it's done.

# 4-H Clubs Grow True Leaders

#### Youth In Leadership Roles Working in Partnership with Adults:

- Fair Board
- Youth Fair (Superintendents, Stewards, Assistants)
- NYS Fair Teen Leaders
- Kritter Kamp Mentors
- Summer Office Assistants
- BOCES Interns4-H Interns

- Plant and Environmental Science Youth and Adult Led Workshops and Service Projects
- 4-H Capital Days
- Community Service Efforts
- 4-H Club Leadership Opportunities
- NYS Animal Crackers and March Dog Madness Workshop Presenters

2016 Stats: 12 clubs 122 members 50+ volunteers!

# **PRIMITIVE PURSUITS**

In 2016 Primitive Pursuits Youth Programs provided outdoor programming to 1,049 youth participants (ages 3-16) getting them outside for an average of 66 hours per child.\*



This past summer Primitive Pursuits achieved a long-held vision: We offered our first week-long Overnight Wilderness Camps at the Arnot Field Campus in Van Etten, New York.

At overnight camp, campers experieince a week of immersive nature-based skills training, inspiring challenges, and outrageously fun activities under the guidence of seasoned wilderness instructors.

Our camps are designed to build confidence, friendship and outdoor skills — and offer some of the most positive formative experiences in a young person's life. What kids learn with us are life skills that will travel with them far beyond the camp experience.







## \*That's 69,234 hours of kids in the woods, learning, laughing and exploring!

# **RURAL YOUTH SERVICES (RYS)**

RYS provides free or low-cost programing to youth who live in the communities of Ithaca, Caroline, Danby, Dryden, Enfield, Freeville, Groton, Lansing, Trumansburg and Ulysses. Since 1995, RYS has provided a place to try new things and belong by offering engaging activities after school and throughout the summer.

#### Trumansburg/Ulysses Youth Services' (T/UYS) High School Programming prepares students for the future through the College Adventure and Career Exploration Series

With so many post-high school options for students, T/UYS offers programming to inform and excite students for whichever path they choose.

#### Highlights for the 2016 program year included:

- Unique opportunities for students to explore careers through field trips and hands on activities with leading local professionals
- Visits to colleges throughout the region, meeting with admission staff, going on a student led tours & eating lunch in the dining hall
- A trip to a Renovus Energy Solar Farm to learn about the science, technology, and career opportunities associated with solar energy and the field of renewable energy as a whole



# In 2016 RYS worked with 828 youth providing 14,137 hours of programing.



# **4-H URBAN OUTREACH PROGRAM**

provides daily after school and summer programming, the program empowers youth and adults by creating opportunities that build academic and life skills through experiential learning. The aim is to ensure that youth achieve a sense of independence, belonging, mastery and generosity, to develop into positive, caring, and productive citizens.

#### In 2016, the Urban Outreach Program worked with 65 diverse youth ages 5-17 at three Ithaca City sites, providing an average of 353 hours per participant.

In 2016, the 4-H Urban Outreach Program worked in partnership with the Ithaca Housing Authority to develop an after school program at the Northside Community Center in the City of Ithaca.

#### Highlights of the program include:

- Extended number of program days offered to youth
- Removed the barrier of transportation
- Increased family involvement in the program
- Development of a teen program
- (Park Foundation grant)
- Teen field trips:
  - Arnot Forest camping trips with multiculturalism, forestry, and Primitive Pursuits workshops
  - Cayuga Nature Center
  - The Museum of the Earth
  - Friends of the Library Book Sale
  - Ethnic restaurants



Field trips and camping experiences create wonderful opportunities for youth to bond as a group, increase social skills, and create a safe space for them to talk about their realities."

Ramona Cornell, 4-H Urban Outreach Program Manager

4-H Urban Outreach helps families and youth in Tompkins County THRIVE!

# **SPECIAL PROGRAMS**



4-H Public Presentations is program in which youth learn to create a presentation and develop the skills needed to present before an audience. They learn about the research process and steps needed to organize information into an interesting and creative presentation.



Kritter Kamp is a program for youth between the ages of 9 and 13 who have an interest in learning more about farm animals. Youth spend 2 days at 4-H Acres learning about animal behavior, care, different breeds, anatomy, the importance of agriculture and farm animals in our society and general safety with animals.



Animals and Medicine is for students in grades 9-12 explore veterinary medicine through the unique program at the Cornell College of Veterinary Medicine. Each week hands-on activities focus on different animal species or group of animals, including cats, dogs, horses, ruminants, swine, and exotics. This mini-course caters to those with an interest in biology, medicine, and animals.



#### **4-H Youth Fair**

For a week in July each year, 4-H youth in Tompkins County have an opportunity to share and showcase the projects they've been working on, at a youth-run event. The public is invited to come and see what youth in this program are doing. Highlights of Fair Week include: livestock shows, plant science projects, entomology displays, Jr. Iron Chef contest, dog obedience and agility demonstrations, public presentations, a chicken bar-b-que, and more!



**4-HACRES** is a rural nature facility located at 418 Lower Creek Road in Ithaca and owned by Cornell Cooperative Extension of Tompkins County. Facilities include a commercial kitchen, covered BBQ pit, pole and horse barns and nature trails. 4-H Acres exists to give young and old a place to explore, investigate, learn and experience. It provides a setting for hands-on learning for youth and adults in the areas of nature, leadership, animals, arts, service, skill building and community development.

#### Total Usage Hours for 2016: 8,434

# 12% 12% 12% 12% 12% 87% 4-H Programming Outside Rental Other CCE Programming

#### 4-H Acres Objectives:

For people from across Tompkins County, 4-H Acres provides:

- a safe place to go after school
- a unique indoor and outdoor space
- a venue to showcase 4-H project work
- a location where people can partake in community service opportunities
- an environment where people have a say in what happens and develop necessary skills
- strives to be a site where people who live close to 4-H Acres have greater access to 4-H and CCETC programs
- provides space for the community to hold events that align with the values of CCETC



A BIG THANK YOU to all of our sponsors,

donors, grantors, partners, volunteers, parents/ guardians and participants, and staff!

#### 4-H Program Lead Staff:

Megan E. Tifft, Ed.D., 4-H, Youth, Family, & Community Issue Leader Brenda Carpenter, 4-H Club Programs & Volunteer Coordinator Jed Jordan, Primitive Pursuits Administrator John Chilkotowsky, Primitive Pursuits Coordinator Sarah Brown, Primitive Pursuits Coordinator Ramona Cornell, 4-H Urban Outreach Program Manager Shelley Lester, Rural Youth Services Coordinator Athena Steinkraus, 4-H Youth Development Administrative Assistant

#### 4-H Program Committee:

Christine Ashdown Sarah Barden Lincoln Young Anna Susmann Mike Tenkate Joann Gruttadaurio

# **2016 BY THE NUMBERS**

#### Total 2016 Program Income \$1,315,558\*

| Program Participation Fees   | \$652,262 |
|------------------------------|-----------|
| County, Town and State Funds | \$469,409 |
| Grant Funding                | \$66,721  |
| Private Donors and Other     | \$20,078  |
| Misc. Income                 | \$16,517  |
| Rental Income                | \$28,837  |

#### Total 2016 Program Expenses: \$1,378,861



\*These figures don't take into account reserves used to balance budgets with the exception of private support. Full report can be provided upon request.

#### 4-H YOUTH DEVELOPMENT TOMPKINS COUNTY 615 WILLOW AVE., ITHACA, NY 14850



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